

VIII CARREIRA CALVARIO 5+5

Categorías

RUNRUNIGOCONCELLO
DE VIGO

Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
10K CALVARIO								
Femenino								
F1								
1.	319	Naomi DOMINGUEZ PEREZ	CLUB DEPORTIVO DELIKIA	10k	0:42:46,8	--	4:16 min/km	250
2.	271	Maria NUÑEZ CASTRO		10k	0:47:53,7	+5:06,83	4:47 min/km	200
3.	324	Mar SOLA SANMARTIN		10k	0:49:16,4	+6:29,56	4:55 min/km	150
4.	327	Rita VAZQUEZ PADIN		10k	0:49:16,6	+6:29,77	4:55 min/km	125
5.	256	Maria ANDRE ANTELA	SHAKA CLUB	10k	0:50:16,9	+7:30,07	5:01 min/km	100
6.	304	Lara TERUEL CARRERA	C.A.R. MARISQUEIRO	10k	0:50:55,7	+8:08,88	5:05 min/km	90
7.	244	Maria BRUZON BANDEIRA		10k	0:51:03,5	+8:16,66	5:06 min/km	80
8.	267	Andrea GRAÑA SOTO		10k	0:51:53,4	+9:06,58	5:11 min/km	75
9.	286	Monica GONZALEZ FERNANDEZ		10k	0:52:36,9	+9:50,10	5:15 min/km	70
10.	265	Alba LOPEZ BOLAS		10k	0:52:38,0	+9:51,17	5:15 min/km	60
11.	234	Silvia FERNANDEZ		10k	0:53:38,0	+10:51,17	5:21 min/km	35
12.	331	Noelia GONZALEZ SOMOZA		10k	0:55:31,3	+12:44,42	5:33 min/km	35
13.	351	Noa COSTAS ESTEVEZ		10k	0:55:36,6	+12:49,75	5:33 min/km	35
14.	349	Uxia ORDOÑEZ SEIJAS		10k	0:55:40,2	+12:53,39	5:34 min/km	35
15.	247	Rose Mary DIAZ LOPEZ	SHAKA CLUB	10k	0:56:42,2	+13:55,36	5:40 min/km	35
16.	295	Florencia MALGA DIAZ		10k	0:57:40,9	+14:54,06	5:46 min/km	30
17.	277	Silvia MUÑOZ SANTIAGO	SHAKA CLUB	10k	0:57:56,6	+15:09,77	5:47 min/km	30
18.	288	Lucia COSTAS COSTAS		10k	0:57:59,3	+15:12,44	5:47 min/km	30
19.	278	Cris SIMOES		10k	0:58:57,3	+16:10,46	5:53 min/km	30
20.	275	Maria PASCUAL COSTAS		10k	1:00:56,9	+18:10,08	6:05 min/km	30
21.	309	Eva DURAN		10k	1:01:49,1	+19:02,24	6:10 min/km	20
22.	285	Natalia RODRIGUEZ MARTINEZ		10k	1:04:01,5	+21:14,70	6:24 min/km	20
F2								
1.	225	Noemi ALVAREZ RODRIGUEZ	CLUB DEPORTIVO DELIKIA	10k	0:39:00,1	--	3:54 min/km	250
2.	214	Olalla SABORIDO GIL	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:42:07,1	+3:07,01	4:12 min/km	200

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Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
3.	188	Rocio RODRIGUEZ OLIVEIRA	ATHLETICS FISIOTERAPIA SAN LÁZARO	10k	0:43:21,0	+4:20,85	4:20 min/km	150
4.	184	Anna MOLES CUBEDO	LATITUD 42	10k	0:48:24,5	+9:24,41	4:50 min/km	125
5.	131	Nesti PIÑEIRO SANTORUN	CLUB ATLETISMO CAMBADOS	10k	0:48:56,4	+9:56,29	4:53 min/km	100
6.	218	Rebeca ESPÍÑO LOPEZ		10k	0:50:55,1	+11:55,02	5:05 min/km	90
7.	147	Monica ROMERO MARTINEZ	FRUTAS NIEVES	10k	0:51:06,1	+12:06,00	5:06 min/km	80
8.	174	Carmen CERES		10k	0:51:22,4	+12:22,24	5:08 min/km	75
9.	156	Laura RUIZ		10k	0:52:42,8	+13:42,64	5:16 min/km	70
10.	220	Alexandra NUÑEZ CASTRO	SAUDESPT	10k	0:52:51,1	+13:50,98	5:17 min/km	60
11.	182	Tamara RAMOS PARADELO	FITGAL	10k	0:53:15,8	+14:15,64	5:19 min/km	35
12.	187	Lydia ARNOSO MOURE		10k	0:57:41,2	+18:41,08	5:46 min/km	35
13.	228	Paula MARTINEZ PRIETO		10k	0:57:56,4	+18:56,26	5:47 min/km	35
14.	129	Xoana REGUEIRO FERNANDEZ	CLUB TRIATLÓN MAR DE VIGO	10k	0:59:04,6	+20:04,52	5:54 min/km	35
15.	121	Ana PEREZ COMESAÑA	GALAICAS BUEU	10k	0:59:14,7	+20:14,55	5:55 min/km	35
16.	136	Paula FERNANDEZ PAZO		10k	1:00:35,0	+21:34,84	6:03 min/km	30
F3								
1.	62	Julia VAQUERO SOUSA	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:40:54,0	--	4:05 min/km	250
2.	82	Ana LAMPON CARIDE	MAIS QUE AUGA	10k	0:42:59,4	+2:05,42	4:17 min/km	200
3.	98	Tere GONZALEZ NUÑEZ	CASTRELOS KM.0	10k	0:45:17,7	+4:23,67	4:31 min/km	150
4.	87	Marise ASTORGA SOMOZA	PONTE A CORRER	10k	0:48:14,8	+7:20,76	4:49 min/km	125
5.	95	Maria Ascension NAVARRO SANCHEZ		10k	0:49:48,4	+8:54,41	4:58 min/km	100
6.	113	Lucia FONSECA GARCIA		10k	0:50:49,2	+9:55,22	5:04 min/km	90
7.	99	Ruth BALIÑO GONZALEZ	RIZOS TEAM	10k	0:54:18,7	+13:24,69	5:25 min/km	80
8.	85	Aurora LOPEZ CASTRO	C.A.R. MARISQUEIRO	10k	0:55:41,4	+14:47,37	5:34 min/km	75
9.	49	Sofia GONZALEZ DE LA CUESTA		10k	1:01:36,2	+20:42,23	6:09 min/km	70
F4								
1.	31	Maria Carmen ROCHA CRUCES	C.A.R. MARISQUEIRO	10k	1:01:42,5	--	6:10 min/km	250
2.	36	Marta RODRIGUEZ ALVAREZ	BIKILA	10k	1:02:23,0	+0:40,51	6:14 min/km	200
F5								
1.	11	Luz FERNANDEZ PAZOS		10k	0:52:13,8	--	5:13 min/km	250

Asignación de puntos en base al resultado de tiempo unificando categoría M5/M6 y F5/F6

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RUNRUNVIGO

CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
2.	7	Carmen COSTAS RODRIGUEZ	SOCIEDAD ATLÉTICA VAL MIÑOR	10k	0:58:21,4	+6:07,63	5:50 min/km	200

Masculino

M0

1.	352	Jose CUNHA	CENTRO DE ATLETISMO DE ARCOS DE VALDEVEZ	10k	0:34:43,7	--	3:28 min/km	250
2.	355	Yerai HERMELO CARRERA		10k	0:45:58,3	+11:14,61	4:35 min/km	200
3.	353	Valentin TORRES	CLUB TRIATLÓN MAR DE VIGO	10k	0:50:34,2	+15:50,43	5:03 min/km	150
4.	354	Yago GARCIA NIETO		10k	1:02:02,3	+27:18,56	6:12 min/km	125

M1

1.	348	Mario RODRIGUEZ COSTAS	CELTA ATLETISMO	10k	0:32:20,3	--	3:14 min/km	250
2.	266	Anxo OTERO AMOEDO	SD COMPOSTELA ATLETISMO	10k	0:35:01,1	+2:40,82	3:30 min/km	200
3.	303	Cristian VALENCIA RODRIGUEZ	C.A.R. MARISQUEIRO	10k	0:36:05,0	+3:44,78	3:36 min/km	150
4.	276	Fernando POMBO FERREIRA	C.A.R. MARISQUEIRO	10k	0:36:33,6	+4:13,38	3:39 min/km	125
5.	252	Jacobo ARMADA DIAZ		10k	0:36:56,3	+4:36,01	3:41 min/km	100
6.	322	Aitor UGARTE CASTRO		10k	0:37:53,2	+5:32,98	3:47 min/km	90
7.	238	Aleksei SERGIENKO		10k	0:38:21,3	+6:01,05	3:50 min/km	80
8.	346	Martin RIVERA GUILLADE		10k	0:38:42,5	+6:22,24	3:52 min/km	75
9.	340	Miguel MERUENDANO SUAREZ		10k	0:38:48,5	+6:28,24	3:52 min/km	70
10.	314	Ivan COELLO	CIBUS SIRGON	10k	0:38:49,1	+6:28,88	3:52 min/km	60
11.	326	Eloy PEREZ BASTOS		10k	0:39:41,9	+7:21,62	3:58 min/km	35
12.	249	Luis GONZALEZ NUÑEZ		10k	0:39:43,5	+7:23,25	3:58 min/km	35
13.	315	Santiago DOMINGUEZ ESTEVEZ		10k	0:40:06,7	+7:46,42	4:00 min/km	35
14.	350	Anton AMOEDO GONZALEZ	ATHLETICS FISIOTERAPIA SAN LÁZARO	10k	0:40:11,4	+7:51,13	4:01 min/km	35
15.	231	Marco Antonio RODRIGUEZ FLORES	BEGOÑITA	10k	0:40:31,4	+8:11,15	4:03 min/km	35
16.	347	Guzman CERDEIRA CRESPO	EL VALLE RUN CLUB	10k	0:40:39,0	+8:18,73	4:03 min/km	30
17.	310	Dylan OTERO GONZALEZ		10k	0:41:15,6	+8:55,31	4:07 min/km	30
18.	239	Javier MIRANDA ACUÑA	CLUB ATLETISMO A ESTRADA	10k	0:41:39,0	+9:18,71	4:09 min/km	30
19.	332	Alvaro CARPINTERO PAZOS		10k	0:41:45,5	+9:25,25	4:10 min/km	30
20.	243	Carlos MONTES ESTEVEZ	FENDETTESTAS	10k	0:41:49,1	+9:28,82	4:10 min/km	30

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Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
21.	333	Eli BRETON CHOINIERE		10k	0:41:54,4	+9:34,12	4:11 min/km	20
22.	339	Eric LOUZAO RODRIGUEZ		10k	0:41:55,7	+9:35,39	4:11 min/km	20
23.	245	Pablo FERNANDEZ MEDIBA		10k	0:42:19,2	+9:58,95	4:13 min/km	20
24.	237	Daniel DOS SANTOS FORNEIRO		10k	0:42:24,0	+10:03,72	4:14 min/km	20
25.	299	Jacobo PEREIRA PEREZ		10k	0:42:49,5	+10:29,27	4:16 min/km	20
26.	308	Jaime ALVAREZ DIAZ		10k	0:43:07,7	+10:47,47	4:18 min/km	20
27.	241	Miguel Angel CARMONA RINCON		10k	0:43:27,9	+11:07,66	4:20 min/km	20
28.	337	Dario FIGUEROA FERNANDEZ		10k	0:43:49,1	+11:28,87	4:22 min/km	20
29.	240	Dheymison MUNIZ CARLOS		10k	0:43:51,0	+11:30,71	4:23 min/km	20
30.	334	Gabriel MONTEAGUDO DOMINGUEZ		10k	0:44:19,7	+11:59,38	4:25 min/km	20
31.	260	Jesus SULBARAN		10k	0:44:23,7	+12:03,45	4:26 min/km	20
32.	328	Eloy MOTA PEREZ		10k	0:45:13,7	+12:53,40	4:31 min/km	20
33.	290	Pablo GARCIA GONZALEZ		10k	0:45:16,8	+12:56,54	4:31 min/km	20
34.	236	Yago RODRIGUEZ LAGO		10k	0:46:05,0	+13:44,69	4:36 min/km	20
35.	338	Samuel VALEIJE COVELO		10k	0:46:28,2	+14:07,92	4:38 min/km	20
36.	232	Angel Santiago ALONSO ALVAREZ		10k	0:46:33,2	+14:12,90	4:39 min/km	20
37.	301	Marcos FERNANDEZ BAUTISTA		10k	0:46:52,1	+14:31,87	4:41 min/km	20
38.	263	Boris ARMADA FERNANDEZ		10k	0:47:16,4	+14:56,18	4:43 min/km	20
39.	257	Juan Diego SANCHEZ	ALBOIRA RUNNING CLUB	10k	0:47:20,7	+15:00,39	4:44 min/km	20
40.	313	Carlos Mauricio RODRIGUEZ CARDENAS		10k	0:47:38,0	+15:17,74	4:45 min/km	20
41.	272	David TABOADA	RUNNING LUSEKELO	10k	0:48:01,7	+15:41,45	4:48 min/km	20
42.	297	Sergio FERNANDEZ GONZALEZ		10k	0:48:18,2	+15:57,88	4:49 min/km	20
43.	336	Sergio DE LA IGLESIA ALONSO		10k	0:48:21,9	+16:01,58	4:50 min/km	20
44.	258	Oscar DOMINGUEZ PEREZ	TOXOS	10k	0:48:26,0	+16:05,77	4:50 min/km	20
45.	253	Francisco VENTIN FIGUEROA		10k	0:48:37,5	+16:17,22	4:51 min/km	20
46.	280	David VILLA GONZALEZ		10k	0:48:54,9	+16:34,61	4:53 min/km	20
47.	268	Axel RODRIGUEZ FLORES		10k	0:48:55,9	+16:35,68	4:53 min/km	20
48.	316	Antonio VAZQUEZ RIOS		10k	0:49:16,7	+16:56,42	4:55 min/km	20
49.	259	Andre MOVILLA MARIÑO		10k	0:49:18,0	+16:57,73	4:55 min/km	20

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Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
50.	341	Nacho RODRIGUEZ		10k	0:49:21,6	+17:01,35	4:56 min/km	20
51.	335	Martin CASTIÑEIRA MAQUIEIRA	CALDELAS TEAM	10k	0:49:34,5	+17:14,19	4:57 min/km	15
52.	318	Javier BARROS RODRIGUEZ		10k	0:50:15,5	+17:55,21	5:01 min/km	15
53.	300	Sergio ROMERO PEREZ		10k	0:50:17,8	+17:57,55	5:01 min/km	15
54.	291	Enrique GARRIDO GONZALEZ		10k	0:50:21,7	+18:01,43	5:02 min/km	15
55.	289	Pablo CACHEDA SARMIENTO		10k	0:50:46,9	+18:26,65	5:04 min/km	15
56.	235	Adrian CORBACHO RODRIGUEZ	C.A.R. MARISQUEIRO	10k	0:50:55,9	+18:35,60	5:05 min/km	15
57.	284	Pedro BARROS RODRIGUEZ		10k	0:51:19,4	+18:59,16	5:07 min/km	15
58.	269	Carlos HERNANDEZ CERON		10k	0:51:25,4	+19:05,13	5:08 min/km	15
59.	274	David FREIXES		10k	0:51:25,9	+19:05,68	5:08 min/km	15
60.	307	Nuno Andre DA SILVA PAIVA	BOX004 VIGO	10k	0:51:26,7	+19:06,48	5:08 min/km	15
61.	296	Kevin CASTIÑEIRAS NARCISO		10k	0:51:51,4	+19:31,12	5:11 min/km	15
62.	262	Edwin GUAMA HEREDIA	PADELEROS	10k	0:52:14,7	+19:54,48	5:13 min/km	15
63.	293	Sergio FERNANDEZ ALONSO		10k	0:52:37,0	+20:16,74	5:15 min/km	15
64.	330	Bruno FRANQUEIRA CARRERA		10k	0:52:43,6	+20:23,36	5:16 min/km	15
65.	246	David USERA GROSSI		10k	0:52:59,4	+20:39,14	5:17 min/km	15
66.	342	Daniel ARCILA HERMO		10k	0:53:09,5	+20:49,24	5:18 min/km	15
67.	254	Abel GIL PIÑEIRO	RUNNINVERSE	10k	0:53:20,3	+20:59,98	5:20 min/km	15
68.	311	Pablo PRIETO LOPEZ		10k	0:53:32,7	+21:12,45	5:21 min/km	15
69.	302	Mert TATAR		10k	0:53:35,6	+21:15,38	5:21 min/km	15
70.	294	Miguel RIOBO PRIETO		10k	0:53:38,8	+21:18,50	5:21 min/km	15
71.	292	Manuel IGLESIAS DORDA		10k	0:53:38,9	+21:18,59	5:21 min/km	15
72.	255	Luis Miguel FERNANDEZ SANGIAO		10k	0:54:00,3	+21:40,04	5:24 min/km	15
73.	251	Manel CARBALLO BARON		10k	0:54:03,5	+21:43,28	5:24 min/km	15
74.	323	Alejandro IRAGO CASTRO		10k	0:54:52,5	+22:32,26	5:29 min/km	15
75.	270	Adrian COSTAS RODRIGUEZ		10k	0:55:32,0	+23:11,69	5:33 min/km	15
76.	250	David ALONSO GONZALEZ	RUNNINVERSE	10k	0:56:14,3	+23:54,00	5:37 min/km	15
77.	320	Rene SANCHEZ DOMINGUEZ		10k	0:56:33,3	+24:13,00	5:39 min/km	15
78.	305	David VAZQUEZ CAMBEIRO		10k	0:56:35,3	+24:15,01	5:39 min/km	15

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79.	298	David COUSO CALVAR	BOX004 VIGO	10k	0:57:01,0	+24:40,78	5:42 min/km	15
80.	325	Diego MOSQUERA OTERO		10k	0:58:04,6	+25:44,31	5:48 min/km	15
81.	281	Denis REQUEJO VIDAL	MIZONAFITNESS	10k	0:58:21,5	+26:01,28	5:50 min/km	15
82.	283	Isma PEREIRA	RAGNAROK	10k	0:58:57,2	+26:36,94	5:53 min/km	15
83.	321	Brais MONTEJANO		10k	0:59:47,6	+27:27,31	5:58 min/km	15
84.	329	Adrian BOLAÑO CABIDO		10k	1:00:13,1	+27:52,88	6:01 min/km	15
85.	279	Óscar MAQUIEIRA FERNANDEZ		10k	1:00:54,3	+28:34,00	6:05 min/km	15
86.	273	Vittorio Alberto DI BONAVENTURA MATA		10k	1:04:23,8	+32:03,55	6:26 min/km	15

M2

1.	141	Jose Alberto BASTOS DASILVA	ADN RUNNERS – TELMO PELUQUEROS F.C.	10k	0:33:20,8	--	3:20 min/km	250
2.	163	Ruben PEREZ FONTAN	MARINA MEIRA	10k	0:33:56,9	+0:36,09	3:23 min/km	200
3.	133	Victor Hugo PACHECO MARTINEZ	3&RUN BY PEDRO NIMO	10k	0:34:02,3	+0:41,51	3:24 min/km	150
4.	145	Jesus FERNANDEZ SOENGAS	CLUB DEPORTIVO DELIKIA	10k	0:34:21,6	+1:00,77	3:26 min/km	125
5.	190	Roberto VAZQUEZ PAVON	TANINOS RUNNERS PONTEAREAS	10k	0:35:11,5	+1:50,64	3:31 min/km	100
6.	206	Alejandro ARTHAUD ALVAREZ		10k	0:36:01,3	+2:40,51	3:36 min/km	90
7.	168	Miguel MARZOA RUIZ	C.A.R. MARISQUEIRO	10k	0:36:09,6	+2:48,82	3:36 min/km	80
8.	227	German RODAL CARAMES		10k	0:37:13,2	+3:52,37	3:43 min/km	75
9.	153	Andres FERNANDEZ FERNANDEZ	CIBUS SIRGON	10k	0:37:58,0	+4:37,18	3:47 min/km	70
10.	134	Santiago PIÑEIRO GRAÑA	CLUB ATLETISMO SAMERTOLAMEU	10k	0:38:19,0	+4:58,19	3:49 min/km	60
11.	198	David LOPEZ GARRIDO		10k	0:38:30,4	+5:09,54	3:51 min/km	35
12.	144	Eduardo PARRA GARCIA		10k	0:38:53,7	+5:32,88	3:53 min/km	35
13.	143	Fernando MARTINEZ RODRIGUEZ		10k	0:38:53,9	+5:33,05	3:53 min/km	35
14.	197	Victor SIERRA PORTO		10k	0:38:56,3	+5:35,47	3:53 min/km	35
15.	146	Raul CASTRO LAGO	NUTRIBIOTICA	10k	0:38:57,3	+5:36,45	3:53 min/km	35
16.	135	Oscar GARCIA GARCIA	CLUB DEPORTIVO PINARIUM	10k	0:38:59,2	+5:38,37	3:53 min/km	30
17.	203	Eduardo CONDE GARRIDO		10k	0:39:09,8	+5:48,95	3:54 min/km	30
18.	164	Daniel COMESAÑA SAA		10k	0:39:20,9	+6:00,09	3:56 min/km	30
19.	210	Ruben SALGADO CURROS		10k	0:39:40,7	+6:19,85	3:58 min/km	30
20.	189	Bruno LEMA BALEATO		10k	0:40:40,9	+7:20,03	4:04 min/km	30

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RUNRUNVIGO

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DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
21.	170	Raul GONZALEZ MARTINEZ	C.A.R. MARISQUEIRO	10k	0:40:45,5	+7:24,65	4:04 min/km	20
22.	120	Valeriano CABEZAS VILA	C.A.R. MARISQUEIRO	10k	0:40:51,2	+7:30,37	4:05 min/km	20
23.	202	Joaquin FERNANDEZ MENDEZ	ATLETISMO ILLA DE TAMBO	10k	0:41:33,0	+8:12,21	4:09 min/km	20
24.	161	Alejandro RODRIGUEZ BERNARDEZ	SÚPER FROIZ	10k	0:41:58,7	+8:37,82	4:11 min/km	20
25.	180	Ruben NAVIA IGLESIAS	BIKILA	10k	0:42:05,9	+8:45,07	4:12 min/km	20
26.	171	Francisco DOVAL LOIS	CLUB TRIATLÓN MAR DE VIGO	10k	0:42:08,6	+8:47,73	4:12 min/km	20
27.	212	Gerardo GUERRERO ACEVEDO	CLUB TRIATLÓN MAR DE VIGO	10k	0:42:21,2	+9:00,34	4:14 min/km	20
28.	209	Uli GONZALEZ	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:42:54,1	+9:33,29	4:17 min/km	20
29.	154	Ivan GOBERNA COMESAÑA		10k	0:42:58,4	+9:37,55	4:17 min/km	20
30.	213	Marcos COSTAS RODRIGUEZ	RUNNING TRACK VIGO	10k	0:43:05,9	+9:45,03	4:18 min/km	20
31.	216	Daniel YEBRA	PALMA RUNNERS	10k	0:43:46,7	+10:25,89	4:22 min/km	20
32.	222	Eduardo ALONSO MORA		10k	0:44:13,4	+10:52,61	4:25 min/km	20
33.	211	Andres FEIJOO MACHADO		10k	0:44:28,9	+11:08,04	4:26 min/km	20
34.	125	Antonio MACIAS NOGUEIRA	MAIS QUE AUGA	10k	0:44:34,7	+11:13,85	4:27 min/km	20
35.	195	Jose Manuel CABACO CAMPOS	TAKO TEAM	10k	0:45:03,4	+11:42,61	4:30 min/km	20
36.	200	Alberto RIVERA CANICOBA		10k	0:45:06,4	+11:45,61	4:30 min/km	20
37.	155	Miguel Angel ABRALDES CASTRO		10k	0:45:43,4	+12:22,56	4:34 min/km	20
38.	169	Victorio Jose MONROY MIGUEZ	SHAKA CLUB	10k	0:46:20,8	+12:59,94	4:38 min/km	20
39.	229	Pablo DIOS COSTAS		10k	0:46:24,2	+13:03,36	4:38 min/km	20
40.	181	Efren RODRIGUEZ FERNANDE		10k	0:46:36,7	+13:15,89	4:39 min/km	20
41.	162	Alberto MIGUELEZ ROZAS	SHAKA CLUB	10k	0:46:44,7	+13:23,83	4:40 min/km	20
42.	126	Francisco CHAPELA DOCIO		10k	0:46:48,3	+13:27,43	4:40 min/km	20
43.	127	Matias TORRES LAHOURNERE		10k	0:47:02,9	+13:42,07	4:42 min/km	20
44.	226	Alejandro TIZON RODRIGUEZ		10k	0:47:07,5	+13:46,66	4:42 min/km	20
45.	173	Daniel ALONSO CARRERA		10k	0:47:14,8	+13:53,97	4:43 min/km	20
46.	140	Iban DORADO FUENTE		10k	0:47:20,5	+13:59,62	4:44 min/km	20
47.	122	Carlos RODAL FRAGA		10k	0:47:46,5	+14:25,62	4:46 min/km	20
48.	215	Jose Maria PALOMEQUE TORRAS		10k	0:47:51,0	+14:30,19	4:47 min/km	20
49.	183	Anton CUNTIN GOMEZ	MAIS QUE AUGA	10k	0:47:58,5	+14:37,71	4:47 min/km	20

VIII CARREIRA CALVARIO 5+5

Categorías

RUNRUNVIGOCONCELLO
DE VIGO

Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
50.	185	Miguel Angel ESTEVEZ PEREZ		10k	0:48:09,6	+14:48,75	4:48 min/km	20
51.	138	Javier DIOS VIDAL		10k	0:48:14,4	+14:53,58	4:49 min/km	15
52.	158	Saul ARANGO GAYAR	FRUTAS NIEVES	10k	0:48:17,2	+14:56,36	4:49 min/km	15
53.	205	Miguel DEL CAÑO CASTRO		10k	0:48:19,7	+14:58,88	4:49 min/km	15
54.	208	Manuel ESTEVEZ PEREIRA	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:48:39,2	+15:18,33	4:51 min/km	15
55.	186	Aleixandre GONZALEZ PARDIÑAS	MERAKI FISIOTERAPIA VIGO	10k	0:48:45,6	+15:24,79	4:52 min/km	15
56.	194	Antonio Manuel VEGA GARCIA		10k	0:48:52,2	+15:31,42	4:53 min/km	15
57.	196	Raul CERVIÑO ALVAREZ		10k	0:49:07,4	+15:46,52	4:54 min/km	15
58.	132	Francisco Javier SANTAMARIA LORENZO	CORREDORES DO MIÑO	10k	0:49:15,4	+15:54,55	4:55 min/km	15
59.	151	Pablo MIGUEZ SOTO		10k	0:49:15,8	+15:54,95	4:55 min/km	15
60.	137	Juan Jose YAÑEZ PENA		10k	0:49:30,1	+16:09,27	4:57 min/km	15
61.	201	David ANTON FERNANDEZ		10k	0:49:47,5	+16:26,66	4:58 min/km	15
62.	128	Manuel Alejandro PARRA SERRANO	MAIS QUE AUGA	10k	0:50:22,1	+17:01,30	5:02 min/km	15
63.	172	Ivan ALVAREZ		10k	0:50:28,1	+17:07,26	5:02 min/km	15
64.	123	David CUETO FERNANDEZ		10k	0:50:34,2	+17:13,39	5:03 min/km	15
65.	224	Borja ARAUJO PEREZ		10k	0:50:44,3	+17:23,50	5:04 min/km	15
66.	217	Emilio VAZQUEZ CAMBEIRO		10k	0:50:44,6	+17:23,74	5:04 min/km	15
67.	165	Raul CAMAÑAS SELFA	WOJCIECH SZCZĘSNY	10k	0:51:06,0	+17:45,18	5:06 min/km	15
68.	148	Antonio PEREZ IGLESIAS		10k	0:51:20,9	+18:00,08	5:08 min/km	15
69.	142	Leonardo REI		10k	0:51:22,3	+18:01,49	5:08 min/km	15
70.	176	Pablo LORENZO ALEMANY	MERAKI FISIOTERAPIA VIGO	10k	0:52:16,1	+18:55,30	5:13 min/km	15
71.	219	Daniel DACAL DEZA		10k	0:52:20,3	+18:59,43	5:14 min/km	15
72.	192	Andres GALLEGO FERREIROA		10k	0:53:30,9	+20:10,06	5:21 min/km	15
73.	191	Victor VAZQUEZ FERNANDEZ		10k	0:53:34,5	+20:13,66	5:21 min/km	15
74.	152	Fernando GONZALEZ ABEIJON		10k	0:53:50,5	+20:29,70	5:23 min/km	15
75.	221	Victor PIÑEIRO DIAZ		10k	0:54:08,7	+20:47,83	5:24 min/km	15
76.	179	Iban LASO AMEZ		10k	0:54:10,1	+20:49,30	5:25 min/km	15
77.	149	Daniel BLANCO		10k	0:54:38,8	+21:18,02	5:27 min/km	15
78.	166	David MAYO		10k	0:56:04,7	+22:43,86	5:36 min/km	15

VIII CARREIRA CALVARIO 5+5

Categorías



CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
79.	193	Daniel PEREIRA FDEZ.	X-ONE	10k	0:57:56,7	+24:35,85	5:47 min/km	15
80.	199	Pablo SAURA ALVAREZ		10k	0:58:02,5	+24:41,62	5:48 min/km	15
81.	167	Francisco Javier SANCHEZ GONZALEZ	PEÑA TREVINCA MONTAÑEIRO DE GALICIA	10k	0:58:54,4	+25:33,60	5:53 min/km	15
82.	130	Oscar FERNANDEZ POL		10k	0:59:07,0	+25:46,13	5:54 min/km	15
83.	157	Diego ALONSO OTERO	COMESAÑA SPORTING CLUB	10k	1:00:51,9	+27:31,08	6:05 min/km	15
M3								
1.	104	Daniel BARGIELA ARAUJO	BIKILA	10k	0:34:07,9	--	3:24 min/km	250
2.	86	Manuel PRIETO DE LA IGLESIA	ATHLETICS FISIOTERAPIA SAN LÁZARO	10k	0:35:57,2	+1:49,29	3:35 min/km	200
3.	54	Oscar DAVILA MARIÑO		10k	0:36:01,4	+1:53,50	3:36 min/km	150
4.	77	Xose Anton BARREIRO PEREIRA	CLUB ATLETISMO OBRADOIRO	10k	0:37:31,1	+3:23,17	3:45 min/km	125
5.	81	Pablo RODRIGUEZ GARCIA	RUNNING TRACK VIGO	10k	0:38:58,7	+4:50,80	3:53 min/km	100
6.	100	Francisco ALVAREZ FERNANDEZ	AFURRICAMOS NO MONTE	10k	0:38:59,9	+4:52,04	3:53 min/km	90
7.	118	Jose Manuel CABAILEIRO GARCIA	CIBUS SIRGON	10k	0:39:57,6	+5:49,71	3:59 min/km	80
8.	48	Jose Carlos ADAN ARIAS	ADN RUNNERS – TELMO PELUQUEROS F.C.	10k	0:40:42,5	+6:34,57	4:04 min/km	75
9.	59	Alberto TABOADA PAMPIN	C.A.R. MARISQUEIRO	10k	0:40:45,5	+6:37,58	4:04 min/km	70
10.	116	Roberto GONZALEZ MARTINEZ		10k	0:41:12,8	+7:04,90	4:07 min/km	60
11.	65	Jorge GONZALEZ VILLANUEVA	C.A.R. MARISQUEIRO	10k	0:41:29,0	+7:21,11	4:08 min/km	35
12.	106	Ivan Diego BLANCO CALDAS		10k	0:41:34,3	+7:26,44	4:09 min/km	35
13.	52	Victor RIVAS CID	C.A.R. MARISQUEIRO	10k	0:42:02,8	+7:54,87	4:12 min/km	35
14.	119	Manuel BARCIELA CAMIÑA		10k	0:42:20,2	+8:12,30	4:14 min/km	35
15.	73	Guille PEITEADO RUIZ	ATHLETICS FISIOTERAPIA SAN LÁZARO	10k	0:42:44,5	+8:36,62	4:16 min/km	35
16.	103	Diego MONTENEGRO BALLESTEROS	CHUZAS OLIMPICOS	10k	0:42:47,9	+8:39,97	4:16 min/km	30
17.	80	Giovanni LUCIA PAREDES		10k	0:42:55,5	+8:47,58	4:17 min/km	30
18.	105	Javier RODRIGUEZ CASTRO		10k	0:43:07,7	+8:59,78	4:18 min/km	30
19.	83	Jose Carlos MERA RODRIGUEZ	PONTE A CORRER	10k	0:43:13,9	+9:06,05	4:19 min/km	30
20.	72	Jose Luis GONZALEZ MACIEL	RIZOS TEAM	10k	0:43:52,0	+9:44,10	4:23 min/km	30
21.	88	Diego Luis HUERTA DE UÑA	PONTE A CORRER	10k	0:43:59,7	+9:51,85	4:23 min/km	20
22.	96	Rafael FERNANDEZ VAZQUEZ	C.A.R. MARISQUEIRO	10k	0:44:03,9	+9:55,98	4:24 min/km	20
23.	89	Carlos Alberto BUJANDA GARMENDIA		10k	0:44:09,4	+10:01,49	4:24 min/km	20

VIII CARREIRA CALVARIO 5+5

Categorías

RUNRUNVIGO

CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
24.	108	Jose Manuel CASTRO OLMO		10k	0:44:11,9	+10:04,00	4:25 min/km	20
25.	114	Juan ANDONEGUI FREIRE	FRUTAS NIEVES	10k	0:44:23,7	+10:15,83	4:26 min/km	20
26.	74	Angel Domingo CAMESELLE PINTOS		10k	0:44:40,5	+10:32,64	4:28 min/km	20
27.	84	Alberto LORENZO UZ		10k	0:44:46,4	+10:38,49	4:28 min/km	20
28.	70	Francisco BARROS PEREZ	OS CHORONS	10k	0:44:56,9	+10:48,97	4:29 min/km	20
29.	45	Ernesto M. ARMADA FERNANDEZ		10k	0:46:08,2	+12:00,28	4:36 min/km	20
30.	109	Javier SALO BENITO	LATITUD 42	10k	0:46:11,9	+12:04,05	4:37 min/km	20
31.	117	Francisco Jose BENITEZ GOMEZ		10k	0:46:19,1	+12:11,22	4:37 min/km	20
32.	53	Dito VILLANUEVA AREAL	RUNNING LUSEKELO	10k	0:46:29,6	+12:21,72	4:38 min/km	20
33.	101	Oscar Manuel FERNANDEZ PEREZ	C.A.R. MARISQUEIRO	10k	0:46:36,8	+12:28,94	4:39 min/km	20
34.	51	Carlos BELOSO GONZALEZ		10k	0:46:41,7	+12:33,83	4:40 min/km	20
35.	67	Luis SANTIAGO COSTA		10k	0:46:55,0	+12:47,06	4:41 min/km	20
36.	92	Miguel Angel LOPEZ DE LERMA CASAS	PONTE A CORRER	10k	0:47:02,9	+12:54,98	4:42 min/km	20
37.	71	Juan Carlos ALVAREZ PEREZ		10k	0:47:04,9	+12:57,04	4:42 min/km	20
38.	93	Ivan RODILLA		10k	0:47:42,8	+13:34,88	4:46 min/km	20
39.	46	Manuel CARRERA NOGUEIRA		10k	0:48:33,1	+14:25,22	4:51 min/km	20
40.	55	J. Luis MARTINEZ PEREZ		10k	0:49:48,1	+15:40,26	4:58 min/km	20
41.	78	Thierry NOBLESSE		10k	0:50:03,5	+15:55,61	5:00 min/km	20
42.	110	Rolan MIRANDA		10k	0:50:04,1	+15:56,21	5:00 min/km	20
43.	111	Jose Ramon SEÑARIS BOO		10k	0:50:06,5	+15:58,60	5:00 min/km	20
44.	61	Francisco Javier CASTIÑEIRA GONZALEZ	MAIS QUE AUGA	10k	0:50:22,0	+16:14,13	5:02 min/km	20
45.	63	Pedro FIRVIDA DIZ	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:50:45,0	+16:37,07	5:04 min/km	20
46.	57	Carlos IGLESIAS RODRIGUEZ		10k	0:50:53,8	+16:45,91	5:05 min/km	20
47.	76	Xoan Manuel POUSA LUCIO	SAPOCONCHOS	10k	0:52:27,0	+18:19,13	5:14 min/km	20
48.	50	Jose Eduardo LAMAS PEREZ		10k	0:53:32,6	+19:24,74	5:21 min/km	20
49.	66	Eder FERNANDEZ PEREZ	CLUB NATACIÓN VIGO RÍAS BAIXAS	10k	0:53:41,5	+19:33,56	5:22 min/km	20
50.	47	Eduardo VALEIJE ALVAREZ		10k	0:54:39,6	+20:31,68	5:27 min/km	20
51.	69	Manuel VELOSO ESPÍÑEIRA	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:54:39,7	+20:31,77	5:27 min/km	15
52.	97	Enrique BLANCO NUÑEZ		10k	0:55:04,6	+20:56,66	5:30 min/km	15

VIII CARREIRA CALVARIO 5+5

Categorías



CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
53.	64	Julio CARPINTERO DOMINGUEZ	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:55:39,1	+21:31,16	5:33 min/km	15
54.	68	Pakinho MARTINEZ GOMEZ	GALLAECIA JASTANDOSAPATILLA	10k	0:56:00,6	+21:52,70	5:36 min/km	15
55.	90	David COSTAS MONTEIRO		10k	0:56:45,6	+22:37,72	5:40 min/km	15
56.	79	Fernando REIGADA QUINTELA	CHUZAS OLIMPICOS	10k	0:56:56,3	+22:48,44	5:41 min/km	15
57.	56	Miguel Carolina VILLANUEVA ALFARO		10k	0:59:18,0	+25:10,15	5:55 min/km	15
58.	102	Marcos FEIJOO SUAREZ	CHUZAS OLIMPICOS	10k	1:05:41,9	+31:34,02	6:34 min/km	15

M4

1.	28	Jose Carlos GRAÑA ALONSO	LODEIROS TRAIL	10k	0:39:11,7	--	3:55 min/km	250
2.	35	Juan PAZ RODRIGUEZ	CLUB CASTRELOS 20:30	10k	0:41:18,1	+2:06,35	4:07 min/km	200
3.	27	Miguel Angel DIEZ POSTIGO		10k	0:41:54,9	+2:43,21	4:11 min/km	150
4.	38	Alfonso SABINO PORTO		10k	0:43:26,7	+4:14,99	4:20 min/km	125
5.	39	Carlos RUIZ GARCIA	PONTE A CORRER	10k	0:44:26,6	+5:14,90	4:26 min/km	100
6.	23	Ramiro TABOADA GONZALEZ	RUNNING LUSEKELO	10k	0:46:11,6	+6:59,90	4:37 min/km	90
7.	37	Antonio VAZQUEZ VIDAL		10k	0:46:37,3	+7:25,58	4:39 min/km	80
8.	22	Avelino PEREZ SANTOS	CASTRELOS 20:30	10k	0:46:38,6	+7:26,92	4:39 min/km	75
9.	42	Angel VAZQUEZ RODRIGUEZ	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:46:40,4	+7:28,74	4:40 min/km	70
10.	24	Alberto VIDEIRA CORREA	RUNNING LUSEKELO	10k	0:47:03,5	+7:51,77	4:42 min/km	60
11.	43	Gonzalo HERRERO	ALBOIRA RUNNING CLUB	10k	0:48:08,0	+8:56,26	4:48 min/km	35
12.	33	Amador REBORDA GRAÑA	CLUB DEPORTIVO PINARIUM	10k	0:48:53,5	+9:41,78	4:53 min/km	35
13.	44	Patricio GUAMA MENA	PADELEROS	10k	0:51:05,2	+11:53,46	5:06 min/km	35
14.	30	Mario PEREZ LOSADA	BIKILA	10k	0:51:20,1	+12:08,40	5:08 min/km	35
15.	26	Miguel DEL OLMO	RUNNING LUSEKELO	10k	0:53:09,0	+13:57,29	5:18 min/km	35
16.	41	Juanjo ESPAÑA LOPEZ		10k	0:54:32,8	+15:21,05	5:27 min/km	30
17.	21	Jose Luis SIMOES FERNANDEZ	C.A.R. MARISQUEIRO	10k	0:56:52,7	+17:41,02	5:41 min/km	30
18.	25	Jose Francisco VILLAR SALGADO	C.A.R. MARISQUEIRO	10k	0:57:05,6	+17:53,90	5:42 min/km	30
19.	40	Francisco ALONSO GARRIDO		10k	0:58:09,7	+18:58,04	5:48 min/km	30
20.	29	Luke David CICCHINELLI		10k	1:10:13,2	+31:01,47	7:01 min/km	30

M5

1.	10	Manuel SUAREZ MARTINEZ	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:38:43,3	--	3:52 min/km	250
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VIII CARREIRA CALVARIO 5+5

Categorías

RUNRUNIGO

CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
2.	12	Enrique VILAR ÁLVAREZ	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:45:52,0	+7:08,75	4:35 min/km	125
3.	13	Jose Alfonso VAZQUEZ CORREA	CASTRELOS 20:30	10k	0:46:08,0	+7:24,69	4:36 min/km	100
4.	8	Pedro MARTINEZ ABEJON	MAIS QUE AUGA	10k	0:46:21,8	+7:38,50	4:38 min/km	90
5.	14	Andres GALLEGO MARTIN-ESPERANZA		10k	0:47:33,3	+8:50,00	4:45 min/km	80
6.	18	Ramon ROCA RODRIGUEZ		10k	0:51:03,5	+12:20,20	5:06 min/km	60
7.	15	Eugenio CHAMORRO RODRIGUEZ	C.A.R. MARISQUEIRO	10k	0:51:08,3	+12:24,96	5:06 min/km	35
8.	20	Carlos FERNANDEZ CLEMENTE		10k	0:52:32,5	+13:49,16	5:15 min/km	35
9.	9	Alfonso BLANCO GONZALEZ		10k	0:53:39,2	+14:55,92	5:21 min/km	35
10.	16	David SEOANE LORENZO		10k	0:53:54,8	+15:11,52	5:23 min/km	35
11.	19	Manuel VAZQUEZ ENRIQUEZ		10k	0:54:02,2	+15:18,88	5:24 min/km	35
12.	17	Jose Antonio PENEDO DA SILVA	ATHLETICS AVENTURA XTREM	10k	0:58:10,0	+19:26,72	5:49 min/km	30

M6

1.	4	Sergio RODRIGUEZ RODRIGUEZ		10k	0:45:01,0	--	4:30 min/km	200
2.	6	Manuel KARAMES	CLUB ATLETISMO PORRIÑO	10k	0:45:31,8	+0:30,78	4:33 min/km	150
3.	5	Carlos DOMINGUEZ. RODRIGUEZ		10k	0:48:43,9	+3:42,85	4:52 min/km	75
4.	2	Jose Luis PADIN COUSIDO	CLUB ATLETISMO CAMBADOS	10k	0:49:53,9	+4:52,87	4:59 min/km	70
5.	1	Sergio RAMOS VIGO	CLUB ATLETISMO VETERANOS DE SAMIL	10k	0:57:15,7	+12:14,63	5:43 min/km	30

5K CALVARIO

Femenino

F0

1.	1503	Abril Silvana RODRIGUEZ ROCHA	CLUB TRIATLÓN MAR DE VIGO	5k	0:26:47,0	--	5:21 min/km	120
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F1

1.	1510	Maria Teresa CABALEIRO CARREIRA		5k	0:23:19,9	--	4:39 min/km	120
2.	1520	Raquel BARREIRO COUÑAGO		5k	0:23:38,3	+0:18,43	4:43 min/km	90
3.	1601	Patricia PEREZ VIDAL		5k	0:24:26,0	+1:06,05	4:53 min/km	75
4.	1617	Yolanda CABALLERO RUS		5k	0:24:40,0	+1:20,11	4:56 min/km	60
5.	1607	Cristina FUENTES CALDERON		5k	0:24:55,1	+1:35,17	4:59 min/km	50
6.	1570	Celeste CABANELAS		5k	0:25:25,0	+2:05,12	5:05 min/km	45

VIII CARREIRA CALVARIO 5+5

Categorías



CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
7.	1567	Estefania ESTEVEZ	FENDETESTAS	5k	0:25:33,3	+2:13,44	5:06 min/km	40
8.	1537	Selena CORDERO ALVAREZ		5k	0:25:33,6	+2:13,71	5:06 min/km	35
9.	1527	Pilar BAUTISTA		5k	0:26:07,9	+2:47,95	5:13 min/km	30
10.	1611	Isabel CASTRO	CLUB DEPORTIVO DELIKIA	5k	0:26:20,9	+3:00,98	5:16 min/km	20
11.	1526	Sabela JARDON JARDON	CLUB DEPORTIVO DELIKIA	5k	0:26:29,7	+3:09,84	5:17 min/km	15
12.	1501	Mercedes GAMA		5k	0:26:45,0	+3:25,13	5:21 min/km	15
13.	1557	Maria A. RODRIGUEZ RODRIGUEZ	MAIS QUE AUGA	5k	0:26:51,0	+3:31,07	5:22 min/km	15
14.	1619	Lorena COLLAZO FERNANDEZ	CLUB ATLETISMO VETERANOS DE SAMIL	5k	0:26:56,7	+3:36,75	5:23 min/km	15
15.	1594	Raquel FERRADAS VELOSO		5k	0:27:07,2	+3:47,26	5:25 min/km	15
16.	1589	Raquel RIBEIRO COSTA		5k	0:27:13,9	+3:53,99	5:26 min/km	8
17.	1614	Lucia GAVILANES BLANCO		5k	0:27:18,3	+3:58,41	5:27 min/km	8
18.	1580	Maria Teresa VILLAR GUERRA		5k	0:27:24,0	+4:04,05	5:28 min/km	8
19.	1536	Andrea TESOURO FERNANDEZ		5k	0:27:41,0	+4:21,14	5:32 min/km	8
20.	1560	Lara LUSQUIÑOS		5k	0:27:53,4	+4:33,49	5:34 min/km	8
21.	1549	Maria GARCIA PORTELA		5k	0:28:19,7	+4:59,79	5:39 min/km	5
22.	1511	Sara PORTO DOMINGUEZ		5k	0:28:24,2	+5:04,29	5:40 min/km	5
23.	1615	Ana DIAZ CARPINTERO		5k	0:28:27,1	+5:07,23	5:41 min/km	5
24.	1554	Uxia TARRIO		5k	0:28:31,4	+5:11,45	5:42 min/km	5
25.	1532	Marta MARINO VAZ		5k	0:28:47,0	+5:27,13	5:45 min/km	5
26.	1534	Sara ALONSO MOZAS		5k	0:28:47,6	+5:27,67	5:45 min/km	5
27.	1591	Fernanda Sophia DUQUE ALLENDE		5k	0:28:57,5	+5:37,62	5:47 min/km	5
28.	1528	Lorena ENRIQUE		5k	0:29:30,1	+6:10,16	5:54 min/km	5
29.	1558	Miriam GARCIA GARCIA		5k	0:29:44,2	+6:24,29	5:56 min/km	5
30.	1602	Charlotte ALLORENT		5k	0:29:44,4	+6:24,49	5:56 min/km	5
31.	1516	Lucia GONZALEZ LOREN		5k	0:30:28,2	+7:08,31	6:05 min/km	5
32.	1517	Carla ALONSO VALDIVIELSO		5k	0:30:28,4	+7:08,45	6:05 min/km	5
33.	1604	Ana GOMEZ DIAZ		5k	0:30:36,0	+7:16,13	6:07 min/km	5
34.	1550	Nerea CASTRO PARDAVILA		5k	0:30:38,6	+7:18,71	6:07 min/km	5
35.	1525	Alba LORENZO TUÑEZ		5k	0:30:46,8	+7:26,88	6:09 min/km	5

VIII CARREIRA CALVARIO 5+5

Categorías



CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
36.	1565	Sophia FERNANDEZ RODAL		5k	0:31:40,3	+8:20,44	6:20 min/km	5
37.	1592	Nerea VAZQUEZ DIEZ		5k	0:31:52,3	+8:32,40	6:22 min/km	5
38.	1540	Miriam PRIETO LAGE	VIGOENTRENA	5k	0:31:53,6	+8:33,74	6:22 min/km	5
39.	1507	Catarina HERMIDA RODRIGUEZ		5k	0:31:54,4	+8:34,50	6:22 min/km	5
40.	1585	Elena VILLANUEVA FERNANDEZ		5k	0:32:15,3	+8:55,41	6:27 min/km	5
41.	1613	Marta RODRIGUEZ GARCIA	MIZONAFITNESS	5k	0:32:19,2	+8:59,34	6:27 min/km	5
42.	1541	Damelis Del Valle MICHELENA GUACARAN	MAIS QUE AUGA	5k	0:32:26,8	+9:06,89	6:29 min/km	5
43.	1586	Laura RODRIGUEZ DOMINGUEZ		5k	0:32:38,3	+9:18,35	6:31 min/km	5
44.	1561	Esther OGANDO GONZALEZ		5k	0:32:46,4	+9:26,50	6:33 min/km	5
45.	1546	Cristina ARAUJO MOLINA		5k	0:32:56,9	+9:36,98	6:35 min/km	5
46.	1590	Laura RODRIGUEZ RODRIGUEZ		5k	0:33:02,2	+9:42,30	6:36 min/km	5
47.	1506	Maria GONZALEZ LOPEZ		5k	0:33:31,7	+10:11,82	6:42 min/km	5
48.	1571	Julia REY RODRIGUEZ		5k	0:33:33,6	+10:13,74	6:42 min/km	5
49.	1572	Maria GARCIA NAVEIRA		5k	0:33:33,8	+10:13,86	6:42 min/km	5
50.	1518	Olalla DA CUÑA IGLESIAS		5k	0:33:41,2	+10:21,27	6:44 min/km	5
51.	1515	Marcela GARCIA ACOSTA		5k	0:33:47,4	+10:27,51	6:45 min/km	3
52.	1514	Luceny Andrea CAÑON ORDOÑEZ		5k	0:33:48,0	+10:28,09	6:45 min/km	3
53.	1556	Cristina MACHADO COSTELA		5k	0:33:48,5	+10:28,62	6:45 min/km	3
54.	1551	Maria POUSADA OTERO		5k	0:33:54,3	+10:34,39	6:46 min/km	3
55.	1581	Claudia CONDE RODRIGUEZ		5k	0:34:01,3	+10:41,39	6:48 min/km	3
56.	1582	Cris ESTEVEZ		5k	0:34:01,5	+10:41,60	6:48 min/km	3
57.	1545	Sharon Lucy ALCEDO INGAROCA		5k	0:34:18,1	+10:58,21	6:51 min/km	3
58.	1523	Carmen CHARLE LESTON		5k	0:34:34,6	+11:14,74	6:54 min/km	3
59.	1599	Albanny Raziel PEREZ CARREÑO		5k	0:34:43,2	+11:23,26	6:56 min/km	3
60.	1539	Angelica Nicole CICCHINELLI		5k	0:40:17,1	+16:57,20	8:03 min/km	3
61.	1508	Estefania TREVIÑO CASTRO		5k	0:40:18,5	+16:58,64	8:03 min/km	3
F2								
1.	583	Emilia VIDAL LORENZO	MAIS QUE AUGA	5k	0:23:31,0	--	4:42 min/km	120
2.	578	Maria Estefania FERNANDEZ VARELA		5k	0:23:59,6	+0:28,66	4:47 min/km	90



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
3.	648	Ruslana KOBÁ	MAIS QUE AUGA	5k	0:25:25,6	+1:54,62	5:05 min/km	75
4.	574	Maria Teresa SORDO GARCIA	METAS IMPOSIBLES	5k	0:25:34,1	+2:03,13	5:06 min/km	60
5.	643	Ana CARBALLEIRA CARBALLAL		5k	0:25:40,3	+2:09,36	5:08 min/km	50
6.	599	Lorena FREIRE	MAIS QUE AUGA	5k	0:25:57,1	+2:26,15	5:11 min/km	45
7.	605	Belen RODRIGUEZ LOPEZ		5k	0:26:50,8	+3:19,88	5:22 min/km	40
8.	646	Pily SANTANA CABRAL	MAIS QUE AUGA	5k	0:27:28,9	+3:57,95	5:29 min/km	35
9.	629	Lucia VILLAR RODRIGUEZ		5k	0:27:58,0	+4:27,06	5:35 min/km	30
10.	606	Astrid LIJO		5k	0:29:16,7	+5:45,72	5:51 min/km	20
11.	608	Miriam CHAPELA GAR	GALAICAS BUEU	5k	0:30:04,0	+6:33,01	6:00 min/km	15
12.	597	Rocio ROSAL GOMEZ	ATHLETICS FISIOTERAPIA SAN LÁZARO	5k	0:30:10,6	+6:39,63	6:02 min/km	15
13.	641	Yvonne QUIÑONES GOMEZ		5k	0:30:31,1	+7:00,15	6:06 min/km	15
14.	640	Esther REGO	RUN SLOW CLUB	5k	0:31:00,7	+7:29,76	6:12 min/km	15
15.	645	Julia PEREZ ROMERO	SHAKA CLUB	5k	0:32:36,7	+9:05,72	6:31 min/km	15
16.	594	Ana PORTELA	GALAICAS BUEU	5k	0:33:29,9	+9:58,98	6:41 min/km	8
17.	604	Ariana ALONSO POSADA		5k	0:33:43,1	+10:12,15	6:44 min/km	8
18.	587	Sandra TRILLO LAGO	CHOUZO RUNNERS	5k	0:34:09,2	+10:38,20	6:49 min/km	8
19.	600	Noelia CABRAL CASAL	MAIS QUE AUGA	5k	0:34:31,4	+11:00,47	6:54 min/km	8
20.	579	Almudena PEREIRA RODRIGUEZ	GALAICAS BUEU	5k	0:34:43,6	+11:12,69	6:56 min/km	8
F3								
1.	555	Monica JORGE		5k	0:25:45,8	--	5:09 min/km	120
2.	553	Eva ENDRESS	CASTRELOS 20:30	5k	0:28:02,6	+2:16,78	5:36 min/km	90
3.	556	Conchi CRESPO	CLUB DEPORTIVO GALAICAS BUEU	5k	0:28:04,0	+2:18,18	5:36 min/km	75
4.	560	Monica VAZQUEZ MAYO	MAIS QUE AUGA	5k	0:29:27,3	+3:41,43	5:53 min/km	60
5.	541	Maite FERNANDEZ RUIZ	MAIS QUE AUGA	5k	0:29:27,6	+3:41,79	5:53 min/km	50
6.	552	Isabel Maria GOMEZ LOPEZ		5k	0:29:50,2	+4:04,39	5:58 min/km	45
7.	550	Cristina FERNANDEZ GONZALEZ		5k	0:30:06,8	+4:20,97	6:01 min/km	40
8.	542	Rosana SOUSA		5k	0:30:49,3	+5:03,47	6:09 min/km	35
9.	540	Beatriz CORTIZO DIZ	GALAICAS BUEU	5k	0:31:04,6	+5:18,77	6:12 min/km	30
10.	546	Monica RODRIGUEZ VAZQUEZ		5k	0:31:29,8	+5:43,92	6:17 min/km	20

Categorías



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
11.	573	Silvia CALO MUÑIZ		5k	0:32:34,0	+6:48,15	6:30 min/km	15
12.	570	Leticia LORENZO PICADO	FITGAL	5k	0:32:38,7	+6:52,83	6:31 min/km	15
13.	544	Pilar VAZQUEZ IGLESIAS		5k	0:38:58,7	+13:12,88	7:47 min/km	15

F4

1.	524	Beatriz FONSECA GARCIA		5k	0:27:47,9	--	5:33 min/km	120
2.	522	Ana RODRIGUEZ IGLESIAS	MAIS QUE AUGA	5k	0:30:40,1	+2:52,12	6:08 min/km	90
3.	519	Devonne Elise ROMAN		5k	0:40:17,0	+12:29,11	8:03 min/km	75

Masculino

M0

1.	1502	Anxo ALFONSO PRESA		5k	0:19:16,4	--	3:51 min/km	120
2.	1505	Jesus Manuel GARCIA BOLIVAR		5k	0:30:39,0	+11:22,65	6:07 min/km	90

M1

1.	1587	Enrique MARTINEZ MARTINEZ	CLUB ATLETISMO SANTIAGO	5k	0:16:38,2	--	3:19 min/km	120
2.	1552	Santiago RODRIGUEZ COSTAS		5k	0:18:10,2	+1:31,97	3:38 min/km	90
3.	1574	Gonzalo CRESPO SALGADO		5k	0:18:18,9	+1:40,69	3:39 min/km	75
4.	1563	Ivan LEIRA PITA		5k	0:18:20,5	+1:42,31	3:40 min/km	60
5.	1564	Javier VAZQUEZ GOZALEZ	MAIS QUE AUGA	5k	0:18:40,5	+2:02,33	3:44 min/km	50
6.	1609	Manuel ARIAS		5k	0:19:22,3	+2:44,13	3:52 min/km	45
7.	1573	Oscar PEREIRA MOREIRA		5k	0:20:02,1	+3:23,94	4:00 min/km	40
8.	1603	Damian LOPEZ GARRIDO		5k	0:20:02,9	+3:24,74	4:00 min/km	35
9.	1618	Anthony SANCHEZ SOTO		5k	0:20:33,4	+3:55,19	4:06 min/km	30
10.	1576	Alex CASTE		5k	0:20:40,0	+4:01,76	4:08 min/km	20
11.	1579	Leonel VIDEIRA	CENTRO DE ATLETISMO DE ARCOS DE VALDEVEZ	5k	0:20:50,6	+4:12,43	4:10 min/km	15
12.	1605	Jonatan ALONSO LOPEZ	ATLETISMO BAIONA	5k	0:21:32,8	+4:54,55	4:18 min/km	15
13.	1569	Mina ESKANDER		5k	0:22:29,9	+5:51,71	4:29 min/km	15
14.	1606	Manuel GARRIDO CUSTODIO		5k	0:22:34,6	+5:56,39	4:30 min/km	15
15.	1575	Hugo VILABOA ALVAREZ		5k	0:22:37,9	+5:59,70	4:31 min/km	15
16.	1577	Pablo FERREIRA MORAIS		5k	0:22:44,2	+6:06,03	4:32 min/km	8

VIII CARREIRA CALVARIO 5+5

Categorías





Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
17.	1522	Jose ARNEJO		5k	0:22:58,1	+6:19,91	4:35 min/km	8
18.	1538	Marcos MARTINEZ ARTIME		5k	0:23:07,9	+6:29,69	4:37 min/km	8
19.	1597	Angel CASAL CARREIRA		5k	0:23:11,4	+6:33,23	4:38 min/km	8
20.	1524	Gustavo CORDEIRO DA SILVA	RITMO VIGO	5k	0:23:31,5	+6:53,27	4:42 min/km	8
21.	1559	Gustavo Javier DIAZ SANDOVAL	MAIS QUE AUGA	5k	0:23:38,4	+7:00,17	4:43 min/km	5
22.	1616	David PEREZ LAMARCA		5k	0:24:35,1	+7:56,88	4:55 min/km	5
23.	1568	Aitor BARAGAÑO FERNANDEZ		5k	0:25:20,1	+8:41,89	5:04 min/km	5
24.	1584	Hadrian FRANCO CORDEIRO		5k	0:25:30,2	+8:52,02	5:06 min/km	5
25.	1608	Alberto ALONSO GUINDE		5k	0:25:47,7	+9:09,47	5:09 min/km	5
26.	1600	Nick HOFER		5k	0:26:14,7	+9:36,53	5:14 min/km	5
27.	1512	Jonathan Nahuel DA CUNDA PINCIROLI		5k	0:26:45,0	+10:06,83	5:21 min/km	5
28.	1593	Pablo FERRADAS VELOSO		5k	0:26:55,4	+10:17,23	5:23 min/km	5
29.	1562	Xoan ALONSO GRAÑA		5k	0:27:29,8	+10:51,61	5:29 min/km	5
30.	1542	Danilo CANDIA		5k	0:28:24,9	+11:46,74	5:40 min/km	5
31.	1535	Diego COSTA PEREIRA		5k	0:28:37,0	+11:58,81	5:43 min/km	5
32.	1583	Jonathan PEREZ		5k	0:28:50,5	+12:12,26	5:46 min/km	5
33.	1595	Roberto FUENTES PUMARES		5k	0:29:31,6	+12:53,44	5:54 min/km	5
34.	1578	David MARTINEZ NOVAS	BORGWARNER	5k	0:29:40,3	+13:02,05	5:56 min/km	5
35.	1566	Eduardo TORRES ACEDO		5k	0:29:45,6	+13:07,37	5:57 min/km	5
36.	1509	Jaime ALVAREZ VAZQUEZ		5k	0:30:18,2	+13:40,01	6:03 min/km	5
37.	1529	Geovany Gabriel MEJIA PASTRANA		5k	0:30:24,4	+13:46,20	6:04 min/km	5
38.	1531	Ivan Soani ALVAREZ ECHANDIA		5k	0:32:09,1	+15:30,93	6:25 min/km	5
39.	1588	Jose Martin PEREZ DEL PRADO		5k	0:32:26,4	+15:48,23	6:29 min/km	5
40.	1530	Joel Isai MEJIA PASTRANA		5k	0:32:55,2	+16:17,04	6:35 min/km	5
41.	1547	Jose VILLAVARDE FERNANDEZ		5k	0:32:57,1	+16:18,92	6:35 min/km	5
42.	1521	Jaime LAGO CORTIZO	GALAICAS BUEU	5k	0:33:27,1	+16:48,88	6:41 min/km	5
43.	1553	Jonathan Marcelo SILVERA LORENZO		5k	0:33:32,0	+16:53,82	6:42 min/km	5
44.	1555	Gabriel RODRIGUEZ CERQUEIRA		5k	0:33:48,7	+17:10,49	6:45 min/km	5

Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
M2								
1.	575	Dario ARIAS COSTAS	ATHLETICS FISIOTERAPIA SAN LÁZARO	5k	0:17:02,2	--	3:24 min/km	120
2.	650	Jorge DIEZ DIEZ	CLOT VIGO	5k	0:17:35,4	+0:33,21	3:31 min/km	90
3.	614	Kike PEREZ CONDE	C.A.R. MARISQUEIRO	5k	0:17:48,4	+0:46,17	3:33 min/km	75
4.	580	Jose Manuel MIRANDA VIEITO	ATHLETICS FISIOTERAPIA SAN LÁZARO	5k	0:18:30,2	+1:27,99	3:42 min/km	60
5.	613	Jose ALFAYA	CLUB DEPORTIVO DELIKIA	5k	0:19:23,7	+2:21,47	3:52 min/km	50
6.	590	Oscar COUCE SENRA		5k	0:19:33,0	+2:30,79	3:54 min/km	45
7.	618	Antonio CAMPELO GONZALEZ	VIGOENTRENA	5k	0:19:51,1	+2:48,91	3:58 min/km	40
8.	589	Ruben CARRASCO	SHAKA CLUB	5k	0:20:51,4	+3:49,21	4:10 min/km	35
9.	585	Daniel EIRIZ DIEGUEZ		5k	0:21:43,6	+4:41,34	4:20 min/km	30
10.	601	Javier LOPEZ PINO	RUNYTRI	5k	0:22:31,1	+5:28,91	4:30 min/km	20
11.	630	Bernardo CAO GOMEZ	MIZONAFITNESS	5k	0:22:53,3	+5:51,07	4:34 min/km	15
12.	626	Xoan GESTO	BEADE, AHI OS VAN!	5k	0:22:54,3	+5:52,07	4:34 min/km	15
13.	598	Enrique GONZALEZ PEREZ	MAIS QUE AUGA	5k	0:23:48,2	+6:45,97	4:45 min/km	15
14.	636	Manuel MUÑOZ CARVAJALES		5k	0:23:59,3	+6:57,07	4:47 min/km	15
15.	639	Ismael CHAMBORRO CHAMORRO		5k	0:24:04,1	+7:01,93	4:48 min/km	15
16.	644	Javier RODRIGUEZ LOPEZ		5k	0:24:08,8	+7:06,55	4:49 min/km	8
17.	627	Andres GUTIERREZ RODRIGUEZ		5k	0:24:08,8	+7:06,55	4:49 min/km	8
18.	577	Yago COMESAÑA PEQUEÑO		5k	0:25:14,1	+8:11,87	5:02 min/km	8
19.	651	Diego GARCIA FRAGUEIRO		5k	0:25:22,2	+8:19,97	5:04 min/km	8
20.	591	Alejandro SEBASTIAN LAGO		5k	0:25:27,8	+8:25,63	5:05 min/km	8
21.	607	Anton DAPENA PIÑEIRO		5k	0:25:49,1	+8:46,84	5:09 min/km	5
22.	584	David RODRIGUEZ CAMBRA		5k	0:26:06,0	+9:03,81	5:13 min/km	5
23.	595	Fernando FERNANDEZ BARREIRO		5k	0:26:12,0	+9:09,76	5:14 min/km	5
24.	642	Juan MOURE VAZQUEZ	C.A.R. MARISQUEIRO	5k	0:26:16,6	+9:14,42	5:15 min/km	5
25.	602	Jesus SANCHEZ CASTRO		5k	0:26:18,0	+9:15,81	5:15 min/km	5
26.	635	Ruben LOPEZ FERNANDEZ	LUME RUN	5k	0:26:35,5	+9:33,27	5:19 min/km	5
27.	633	Ernesto MASEDA PENA		5k	0:27:18,4	+10:16,21	5:27 min/km	5
28.	637	Adry SUAREZ OGANDO	MAIS QUE AUGA	5k	0:27:29,1	+10:26,88	5:29 min/km	5

VIII CARREIRA CALVARIO 5+5

Categorías



CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
29.	649	Daniel PACHECO VAZQUEZ		5k	0:27:35,0	+10:32,78	5:31 min/km	5
30.	593	Raul DIAZ FERNANDEZ		5k	0:27:37,8	+10:35,59	5:31 min/km	5
31.	624	Samuel TATO DOMINGUEZ		5k	0:27:58,4	+10:56,19	5:35 min/km	5
32.	596	Elias PEREZ CARRERA	CASTRELOS 20:30	5k	0:28:02,7	+11:00,49	5:36 min/km	5
33.	638	Oscar CANOSA MARTINEZ		5k	0:28:03,0	+11:00,76	5:36 min/km	5
34.	628	Ivan LAGO LORENZO		5k	0:28:03,3	+11:01,06	5:36 min/km	5
35.	620	Javier LAGO CERQUEIRA		5k	0:28:07,9	+11:05,63	5:37 min/km	5
36.	615	Guillermo GON		5k	0:28:19,7	+11:17,47	5:39 min/km	5
37.	609	Oscar DOMINGUEZ SERRANO	FENDETESTAS	5k	0:28:59,5	+11:57,23	5:47 min/km	5
38.	632	Luis OTERO MIGUENS		5k	0:29:02,5	+12:00,30	5:48 min/km	5
39.	586	Sergio Alexandre NUNES GARCIA	MIZONAFITNESS	5k	0:29:14,2	+12:12,02	5:50 min/km	5
40.	576	Victoriano SANMARTIN GONZALEZ	MAIS QUE AUGA	5k	0:29:27,9	+12:25,67	5:53 min/km	5
41.	647	Sergio FREIRE FERRADAS		5k	0:31:09,2	+14:06,97	6:13 min/km	5
42.	623	Santiago MANSO FERNANDEZ		5k	0:31:22,0	+14:19,81	6:16 min/km	5
43.	610	Raul RODRIGUEZ COLLAZO		5k	0:31:53,5	+14:51,26	6:22 min/km	5
44.	625	Victor RODRIGUEZ		5k	0:32:38,4	+15:36,17	6:31 min/km	5
45.	581	Roberto GARCIA DE LA CRUZ	MAIS QUE AUGA	5k	0:34:31,4	+17:29,20	6:54 min/km	5
46.	588	Sergio Alexandre NUNES GARCIA	MIZONAFITNESS	5k	0:36:12,0	+19:09,76	7:14 min/km	5
47.	621	Jonathan ALONSO DOMINGUEZ	SHAKA CLUB	5k	0:36:13,8	+19:11,60	7:14 min/km	5
48.	582	Juan Carlos RODRIGUEZ GARCIA		5k	0:36:14,8	+19:12,56	7:14 min/km	5
49.	617	Francisco FREIRE GARCIA		5k	0:37:46,8	+20:44,53	7:33 min/km	5
M3								
1.	558	Marcos FERNANDEZ MONZON	SOCIEDADE ATLÉTICA VILA DE VIGO	5k	0:18:08,2	--	3:37 min/km	120
2.	543	Miguel COSTAS	MAIS QUE AUGA	5k	0:18:52,8	+0:44,60	3:46 min/km	90
3.	563	Matias BARREIRO RUIBAL	CLUB DEPORTIVO PINARIUM	5k	0:19:16,1	+1:07,96	3:51 min/km	75
4.	564	David ABAD GREGORIO	CLUB ATLETISMO SAMERTOLAMEU	5k	0:19:20,4	+1:12,26	3:52 min/km	60
5.	571	Antonio Luis LOPEZ FERNANDEZ		5k	0:19:59,6	+1:51,43	3:59 min/km	50
6.	528	Andres ALVAREZ	IMAXINATEA ESCOLA DE TEATRO	5k	0:19:59,9	+1:51,75	3:59 min/km	45
7.	535	Carlos AMOEDO AGULLA		5k	0:20:06,9	+1:58,76	4:01 min/km	40

VIII CARREIRA CALVARIO 5+5

Categorías



CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
8.	561	Alberto ALONSO	MAIS QUE AUGA	5k	0:20:10,6	+2:02,46	4:02 min/km	35
9.	559	Edu ARIAS	ATHLETICS FISIOTERAPIA SAN LÁZARO	5k	0:20:11,1	+2:02,95	4:02 min/km	30
10.	554	Oscar ALONSO COSTAS		5k	0:21:48,1	+3:39,89	4:21 min/km	20
11.	534	Antonio BARGE GRANDE		5k	0:21:52,3	+3:44,10	4:22 min/km	15
12.	547	Salva DAVILA BUGARIN		5k	0:23:21,1	+5:12,88	4:40 min/km	15
13.	549	Manuel FERNANDEZ BALBOA	PONTE A CORRER	5k	0:23:26,4	+5:18,28	4:41 min/km	15
14.	572	Jose GARCIA FERNANDEZ		5k	0:23:38,3	+5:30,17	4:43 min/km	15
15.	545	Jose Antonio CAMAÑO PIÑEIRO	MIZONAFITNESS	5k	0:24:45,7	+6:37,48	4:57 min/km	15
16.	567	Oscar GRAÑA GARCIA	MIZONAFITNESS	5k	0:25:38,0	+7:29,82	5:07 min/km	8
17.	551	Daniel PARDO PORTO	MAIS QUE AUGA	5k	0:26:14,1	+8:05,94	5:14 min/km	8
18.	526	Jose Ramon CAMESELLE BEN		5k	0:26:35,3	+8:27,16	5:19 min/km	8
19.	530	Guillermo GAGGIOLO	MAIS QUE AUGA	5k	0:27:16,7	+9:08,58	5:27 min/km	8
20.	531	Pablo RIVAS CARIDE	MAIS QUE AUGA	5k	0:27:49,3	+9:41,14	5:33 min/km	8
21.	537	Narciso SAAVEDRA GONZALEZ	CLUB DEPORTIVO METAS IMPOSIBLES TRAIL TEAM	5k	0:28:07,4	+9:59,27	5:37 min/km	5
22.	557	Hugo MARTINEZ VILLAR		5k	0:28:09,9	+10:01,70	5:37 min/km	5
23.	538	German VAZQUEZ FERRO		5k	0:28:17,8	+10:09,59	5:39 min/km	5
24.	539	Francisco Jose FERRER VIDAL	MIZONAFITNESS	5k	0:29:06,8	+10:58,64	5:49 min/km	5
25.	529	Alvaro GONCALVES ROLO	MAIS QUE AUGA	5k	0:29:27,6	+11:19,46	5:53 min/km	5
26.	568	Antonio MARCOS FREIRE	MIZONAFITNESS	5k	0:29:55,2	+11:47,07	5:59 min/km	5
27.	562	Jonathan DACOSTA CEA		5k	0:30:36,0	+12:27,86	6:07 min/km	5
28.	565	Evaristo ALONSO MISA		5k	0:30:54,3	+12:46,14	6:10 min/km	5
29.	536	Santiago FERNANDEZ SOUTO		5k	0:32:14,4	+14:06,26	6:26 min/km	5
30.	525	Jesus Maria PEREZ. CAMPO		5k	0:39:37,1	+21:28,93	7:55 min/km	5
31.	527	Jose Luis RODRIGUEZ		5k	0:46:26,6	+28:18,45	9:17 min/km	5
M4								
1.	516	Jose Humberto GALLIDORO DEL MONTE	CLUB DEPORTIVO DELIKIA	5k	0:23:34,0	--	4:42 min/km	120
2.	523	Benigno BARREIRO BARREIRO	ATHLETICS AVENTURA XTREM	5k	0:24:03,2	+0:29,10	4:48 min/km	90
3.	514	Luis ALONSO BASTOS		5k	0:24:50,1	+1:16,04	4:58 min/km	75
4.	520	Luis GONZALEZ GARCIA	C.A.R. MARISQUEIRO	5k	0:25:08,9	+1:34,82	5:01 min/km	60

VIII CARREIRA CALVARIO 5+5

Categorías



CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Split	Tiempo	Gap	Ritmo	P.RUNRUN
5.	521	Jose Humberto PENEDO PEREZ		5k	0:27:16,5	+3:42,42	5:27 min/km	50
6.	517	Jose Manuel BARROS LORENZO		5k	0:29:24,7	+5:50,69	5:52 min/km	45
7.	515	Manuel PEREZ RODRIGUEZ		5k	0:30:02,3	+6:28,26	6:00 min/km	40
8.	513	Juan Carlos CERDEIRA PEREZ		5k	0:31:25,7	+7:51,66	6:17 min/km	35
9.	512	Roman ZUNZUNEGUI	MAIS QUE AUGA	5k	0:34:31,4	+10:57,38	6:54 min/km	30
10.	511	Jose Manuel RODRIGUEZ RODRIGUEZ		5k	0:35:49,4	+12:15,38	7:09 min/km	20
M5								
1.	510	Jose Angel FERNANDEZ GONZALEZ		5k	0:23:30,2	--	4:42 min/km	120
2.	509	Manuel RIOS RODRIGUEZ	CLUB ATLETISMO VETERANOS DE SAMIL	5k	0:29:56,3	+6:26,06	5:59 min/km	40
3.	507	Antonio CORDERO JORGE		5k	0:30:18,9	+6:48,61	6:03 min/km	35
4.	508	Jose Manuel GARCIA FERNANDEZ		5k	0:30:44,9	+7:14,68	6:08 min/km	30
M6								
1.	501	Jose Roberto REY GONZALEZ	CLUB ATLETISMO VETERANOS DE SAMIL	5k	0:24:32,8	--	4:54 min/km	90
2.	502	Berto VIEITO QUINTAS		5k	0:26:16,2	+1:43,42	5:15 min/km	75
3.	504	V Ramon FDEZ IGLESIAS	BIKILA	5k	0:26:53,0	+2:20,16	5:22 min/km	60
4.	505	Federico Amando GARCIA COSTAS		5k	0:27:05,3	+2:32,54	5:25 min/km	50
5.	506	Jesus Antonio VELILLA CASTRO	CLUB ATLETISMO VETERANOS DE SAMIL	5k	0:29:56,1	+5:23,30	5:59 min/km	45
6.	503	German COLLAZO BARRERAS		5k	0:35:49,6	+11:16,78	7:09 min/km	20