



## Etapa 2 Categorías

Clc	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
* (Último tiempo)							
<b>CICLO. MASCULINO</b>							
1.	89	Sánchez Pérez	Armando	MONTE XALO, P.C.	5:05:20,4	--	13.4 Km/h
2.	90	Castro Calvo	David	MONTE XALO, P.C.	5:08:06,8	+02:46,4	13.2 Km/h
3.	137	Lavandeira Varela	David	OROSO, C.C.	5:11:27,2	+06:06,7	13.1 Km/h
4.	70	Rodríguez Alonso	Sedu	REVOLTAS, C.C.	5:39:47,2	+34:26,7	12 Km/h
DNS	88	Ramos Fernández	Guillermo	MONTE XALO, P.C.	5:53:21,7*		11.5 Km/h
<b>ELITE/SUB23</b>							
1.	1	Rodríguez Guede	Pablo	MACEDA, C.C.	3:18:20,9	--	20.6 Km/h
2.	6	Márquez Fernandez	Brandán	V BIKES TEAM, C.	3:18:59,0	+00:38,1	20.5 Km/h
3.	11	Alvarez Alonso	Diego	PODIUM TEAM, A.D.	3:21:56,1	+03:35,1	20.2 Km/h
4.	133	Fernández Schedler	Dominik		3:27:14,1	+08:53,1	19.7 Km/h
5.	149	Buceta Armada	Darío	SUPERMERCADOS FROIZ, G.D.	3:28:59,4	+10:38,5	19.5 Km/h
6.	40	Fernández Obenza	Yago	CLUB DE MONTAÑA XESTEIRAS	3:30:45,6	+12:24,7	19.4 Km/h
7.	156	Quintans Castiñeiras	Rubén	CLUB DE MONTAÑA XESTEIRAS	3:30:46,3	+12:25,4	19.4 Km/h
8.	30	Sanchez Gonzalez	Esteban	RG BIKES SCOTT TEAM, C	3:34:10,5	+15:49,6	19 Km/h
9.	35	Punzón Herrero	Jorge	COSMOS	3:34:23,6	+16:02,7	19 Km/h
10.	167	Méndez Lopez	Bruno		3:49:05,0	+30:44,1	17.8 Km/h
11.	112	Allo Núñez	Vicente	CHANTADINO, C.C.	3:54:28,9	+36:08,0	17.4 Km/h
12.	42	Veloso Blanco	Diego	TELMO PELUQUEROS, F.C.	3:57:47,3	+39:26,4	17.2 Km/h
13.	157	Carregal Carro	Carlos	CLUB DE MONTAÑA XESTEIRAS	4:04:04,6	+45:43,7	16.7 Km/h
14.	127	Pena	Adrián	RIBADOULLA, A.S.D.	4:17:04,7	+58:43,8	15.9 Km/h
15.	161	Marchena Escudero	Tomás	CODIGO BIKE TEAM, C.	4:34:14,2	+75:53,3	14.9 Km/h
16.	102	Pedro	João		4:42:56,3	+84:35,4	14.4 Km/h
17.	3	García Bua	Iago	CODIGO BIKE TEAM, C.	4:46:51,3	+88:30,4	14.2 Km/h
18.	67	Casanova Gonzalez	Diego	CAIMANES BETANZOS, C. BTT	4:59:47,1	+101:26,2	13.6 Km/h
19.	72	Álvarez López	Félix	BTT TROTACUMES, C.	5:22:28,3	+124:07,4	12.7 Km/h
DNF	24	González Exposito	Estefan	MACEDA, C.C.	5:53:21,7*		11.5 Km/h
DNF	169	Cardero Lopez	Álvaro	OS ABESOUROS, C.C.	5:53:21,7*		11.5 Km/h
DNS	10	Seijo Castro	Diego	MASTER DA LOURIÑA, C.	5:53:21,7*		11.5 Km/h
DNS	17	Graca	Diogo		5:53:21,7*		11.5 Km/h
<b>ELITE/SUB23 FEM</b>							
1.	26	Lois García	Lara	CLUB DE MONTAÑA XESTEIRAS	3:54:30,1	--	17.4 Km/h
2.	23	Delgado Gonzalez	Mar	CLUB DE MONTAÑA XESTEIRAS	4:18:09,5	+23:39,4	15.8 Km/h
3.	2	Ortega Aguilar	Eva	V BIKES TEAM, C.	4:28:20,4	+33:50,2	15.2 Km/h
4.	7	Abal Mosteiro	Cecilia	CLUB DE MONTAÑA XESTEIRAS	5:15:01,0	+80:30,9	13 Km/h



## Etapa 2 Categorías

Clc	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
<b>MASTER 30</b>							
1.	123	Puente Del Corral	Félix	VALDOLEA	3:31:13,0	--	19.3 Km/h
2.	135	Suárez Cousillas	Darío	3AG, C.D.	3:34:24,2	+03:11,2	19 Km/h
3.	134	Fernández Schedler	Samuel	MACEDA, C.C.	3:34:24,4	+03:11,3	19 Km/h
4.	15	Núñez Fernandez	David	AURIENSE, C.C.	3:34:31,0	+03:18,0	19 Km/h
5.	22	Parada Folgar	Manuel	CLUB DE MONTAÑA XESTEIRAS	3:38:48,2	+07:35,2	18.6 Km/h
6.	125	Ventosa Cela	Rubén	RIBADOULLA, A.S.D.	3:47:04,6	+15:51,5	18 Km/h
7.	59	López López	Javier	CAIMANES BETANZOS, C. BTT	3:51:34,5	+20:21,5	17.6 Km/h
8.	172	Gonzalez Castro	Ismael	MASTER DA LOURIÑA, C.	3:53:27,7	+22:14,7	17.5 Km/h
9.	46	Del Río Estevez	Fran	BUEU, C.C.	3:57:07,5	+25:54,4	17.2 Km/h
10.	140	Canto Baña	Borja	3AG, C.D.	3:57:35,6	+26:22,6	17.2 Km/h
11.	19	Otero Pousa	David	BUEU, C.C.	3:57:54,1	+26:41,0	17.1 Km/h
12.	170	Fernández Obenza	Alexis	CLUB DE MONTAÑA XESTEIRAS	4:02:08,0	+30:55,0	16.9 Km/h
13.	84	García Varela	Santiago	ARMENTEIRA E PUNTO, C.	4:03:08,1	+31:55,0	16.8 Km/h
14.	38	Goberna Alvarez	Arturo	BUEU, C.C.	4:08:09,4	+36:56,4	16.4 Km/h
15.	124	Jorin Mate	Iván	VALDOLEA	4:17:01,8	+45:48,8	15.9 Km/h
16.	65	Otero Dacosta	Pablo	BUEU, C.C.	4:17:04,8	+45:51,8	15.9 Km/h
17.	25	Perez Franco	Santiago	BICI VERDE, C.C.	4:19:54,0	+48:41,0	15.7 Km/h
18.	80	Lamas Diz	Emmanuel	BUEU, C.C.	4:21:44,4	+50:31,3	15.6 Km/h
19.	110	Fernández Gonzalez	David	TOXO, P.C.	4:26:52,6	+55:39,6	15.3 Km/h
20.	68	Castro Estevez	Jose	REVOLTAS, C.C.	4:27:17,5	+56:04,4	15.3 Km/h
21.	146	Sabarís Silva	Diego	CLUB DE MONTAÑA XESTEIRAS	4:30:51,0	+59:38,0	15.1 Km/h
22.	78	Rodríguez Freitas	Antonio	TELMO PELUQUEROS, F.C.	4:34:01,9	+62:48,8	14.9 Km/h
23.	162	Muñiz Gonzalez	Jorge	CLUB DE MONTAÑA XESTEIRAS	4:35:11,3	+63:58,2	14.8 Km/h
24.	9	Bruzón Amado	Carlos	TELMO PELUQUEROS, F.C.	4:35:20,4	+64:07,4	14.8 Km/h
25.	142	Casal Rey	Antonio	CAMBADOS, C.C.C.	4:36:54,7	+65:41,6	14.7 Km/h
26.	56	González	Pablo	BUEU, C.C.	4:48:38,7	+77:25,7	14.1 Km/h
27.	8	Prada Sousa	Joel		4:49:04,6	+77:51,6	14.1 Km/h
28.	79	Lago Barciela	Miguel	BICI VERDE, C.C.	4:54:46,1	+83:33,1	13.8 Km/h
29.	76	Otero	Diego	OROSO, C.C.	5:10:46,8	+99:33,8	13.1 Km/h
30.	109	Alfaya Reboiras	David	X BIKES, C.C.	5:22:48,3	+111:35,3	12.6 Km/h
31.	100	Fraga Martínez	Alejandro	AVELAIÑAS, C.C.	5:28:30,7	+117:17,6	12.4 Km/h
32.	138	Piñero	Ángel	TOXO, P.C.	5:43:49,6	+132:36,6	11.9 Km/h
33.	54	Penedo Gaspar	Diego	TOXO, P.C.	5:43:49,7	+132:36,6	11.9 Km/h
DNF	143	Piñeiro Souto	Daniel		5:53:21,7*		11.5 Km/h
DNS	60	Núñez Gomez	Manuel		5:53:21,7*		11.5 Km/h
DNS	153	Didych Didych	Eduard	GRAFICAS LAR, P.C.	5:53:21,7*		11.5 Km/h



## Eta 2 Categorías

Cl	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
<b>MASTER 40</b>							
1.	57	Graña	Toni	TROUPE, C.	3:30:47,0	--	19.4 Km/h
2.	20	Abeal Orgeira	Jorge	3AG, C.D.	3:39:01,4	+08:14,4	18.6 Km/h
3.	104	Silvestre Llinares	Jaume	MOTO BIKE, P.C.	3:48:02,4	+17:15,4	17.9 Km/h
4.	163	Pena Otero	Roberto	AS PONTES, C.C.	3:51:20,2	+20:33,2	17.6 Km/h
5.	32	Rodríguez Gonzalez	Óscar	BICI VERDE, C.C.	3:51:35,3	+20:48,3	17.6 Km/h
6.	96	Valle Macias	Luis	LIMITE BIERZO	3:53:20,4	+22:33,4	17.5 Km/h
7.	63	Líñares Cuence	Pablo	CLUB DE MONTAÑA XESTEIRAS	3:55:22,1	+24:35,1	17.3 Km/h
8.	131	Alonso Prieto	Roberto	MTB CEADEA	3:55:29,9	+24:42,9	17.3 Km/h
9.	120	Ortega Loureiro	Iván	CLUB DE MONTAÑA XESTEIRAS	3:55:45,7	+24:58,6	17.3 Km/h
10.	166	Valiño Ribvas	Xan Lois	CLUB DE MONTAÑA XESTEIRAS	3:57:26,9	+26:39,9	17.2 Km/h
11.	71	Suárez Rodríguez	Jose	BICI O CON, C.	3:57:52,6	+27:05,5	17.2 Km/h
12.	62	Vidal Rodríguez	Oliver	MIÑOR BIKE, C.C.	3:58:06,9	+27:19,9	17.1 Km/h
13.	13	Rodríguez Collazo	Javier	BTT O TREITO, C.	3:58:54,6	+28:07,6	17.1 Km/h
14.	144	Gavilanes Limia	Antonio	OURENSE TERMAL, C.C.	4:04:53,7	+34:06,6	16.7 Km/h
15.	31	Barba Vega	Rubén	LA20VEINTE	4:08:08,5	+37:21,5	16.4 Km/h
16.	121	Albitre De Sousa	Nefalí	LA20VEINTE	4:10:31,4	+39:44,4	16.3 Km/h
17.	36	Herraez	Daniel	CLUB DE MONTAÑA XESTEIRAS	4:16:53,4	+46:06,4	15.9 Km/h
18.	37	Herraez	Alberto	1 DIA	4:16:55,1	+46:08,1	15.9 Km/h
19.	103	López Álvarez	Iván	LIMITE BIERZO	4:19:24,5	+48:37,5	15.7 Km/h
20.	55	Carrera Comesaña	Juan Jose	BICI VERDE, C.C.	4:26:56,0	+56:09,0	15.3 Km/h
21.	74	Costas Gonzalez	David	VAGALUME, C.	4:35:10,3	+64:23,3	14.8 Km/h
22.	168	Muñiz Alvarez	Juan José	O GROVE, C.C.	4:36:54,7	+66:07,6	14.7 Km/h
23.	87	Cajaraville Francisco	Santi	CLUB DE MONTAÑA XESTEIRAS	4:37:44,4	+66:57,4	14.7 Km/h
24.	34	Piñeiro Fernandez	Alberto	COSMOS	4:38:32,6	+67:45,6	14.6 Km/h
25.	148	Rodríguez Simal	Cesar	MOTO BIKE, P.C.	4:41:07,1	+70:20,1	14.5 Km/h
26.	28	Bello Pajaro	David	OROSO, C.C.	4:48:27,0	+77:40,0	14.1 Km/h
27.	51	Fernández Lorenzo	David	AS PONTES, P.C.	4:52:40,5	+81:53,5	13.9 Km/h
28.	58	Taibo Alonso	Jonathan	V BIKES TEAM, C.	4:53:21,2	+82:34,2	13.9 Km/h
29.	48	Parada Gonzalez	Luis	AURIENSE, C.C.	4:57:45,5	+86:58,5	13.7 Km/h
30.	44	Álvarez Álvarez	Adrián	AURIENSE, C.C.	4:57:45,6	+86:58,5	13.7 Km/h
31.	69	Ortiz Arias	Adrián	SEIXO BLANCO	4:57:47,4	+87:00,3	13.7 Km/h
32.	77	Cabaleiro Ibáñez	Borja	BICI VERDE, C.C.	5:01:40,6	+90:53,6	13.5 Km/h
33.	164	Docio Molanes	Nelson		5:02:42,0	+91:55,0	13.5 Km/h
34.	5	Merayo Alvarez	Alejandro	LIMITE BIERZO	5:03:12,6	+92:25,6	13.5 Km/h
35.	45	Carrillo Laredo	Santiago	OROSO, C.C.	5:09:10,0	+98:23,0	13.2 Km/h
36.	165	Del Valle Vazquez	Guillermo	CAIMANES BETANZOS, C. BTT	5:09:50,8	+99:03,8	13.2 Km/h

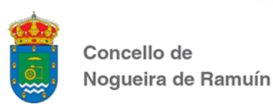


## Etapa 2 Categorías

Clit	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
37.	16	Novo Fernandez	Miguel		5:09:57,5	+99:10,5	13.2 Km/h
38.	108	Romero Vazquez	Julio		5:12:01,7	+101:14,7	13.1 Km/h
39.	27	Araujo Lago	Óscar	BICI VERDE, C.C.	5:14:20,6	+103:33,6	13 Km/h
40.	86	Fragio Souto	Pablo	V BIKES TEAM, C.	5:22:28,0	+111:41,0	12.7 Km/h
41.	115	Cavada Gutierrez	Antonio	MOTO BIKE, P.C.	5:23:48,5	+113:01,5	12.6 Km/h
42.	33	Álvarez Valado	Víctor		5:25:56,5	+115:09,4	12.5 Km/h
43.	118	Rea Otero	Manuel	FARTO, C.C.	5:28:56,9	+118:09,9	12.4 Km/h
44.	117	Fernández González	Eduardo	XSM, C.C.	5:31:03,2	+120:16,2	12.3 Km/h
45.	119	Cordeiro Portela	Manuel	X BIKES, C.C.	5:31:05,7	+120:18,7	12.3 Km/h
46.	92	Alfonso Meis	Ramón	ARMENTEIRA E PUNTO, C.	5:31:38,5	+120:51,5	12.3 Km/h
47.	94	Fernández Fernández	Juan Miguel	COYOTE PEDAL TERRA CHA, C.	5:32:46,8	+121:59,8	12.3 Km/h
48.	49	Failde Gonzalez	Diego		5:38:37,5	+127:50,5	12 Km/h
49.	50	Marcos Escudero	Jorge		5:39:32,2	+128:45,2	12 Km/h
50.	158	Paredes Gonzalez	Carlos		5:53:20,8	+142:33,7	11.5 Km/h
51.	21	Casalderrey Louzao	David	MOTO BIKE, P.C.	5:53:20,9	+142:33,9	11.5 Km/h
52.	43	Casal Abilleira	Sergio	POIO BIKE CLUB	5:53:21,7	+142:34,7	11.5 Km/h
53.	129	Corbacho Sobral	David		5:53:21,7	+142:34,7	11.5 Km/h
DNF	52	Pérez Alvarez	Santiago	SPORT BIKE VERIN, C.	5:53:21,7*		11.5 Km/h
DNF	130	García Matilla	Rubén	MTB CEADEA	5:53:21,7*		11.5 Km/h
DNS	61	Díaz Puente	Juan Jose		5:53:21,7*		11.5 Km/h
DNS	64	Lafuente Franco	Jose Antonio	MOTO BIKE, P.C.	5:53:21,7*		11.5 Km/h
DNS	101	Alvarez Álvarez	José Eulogio	CODIGO BIKE TEAM, C.	5:53:21,7*		11.5 Km/h
DNS	114	Fernández Moldes	Juan Francisco	FARTO, C.C.	5:53:21,7*		11.5 Km/h
DNS	116	Piñón Rey	José	BICI VERDE, C.C.	5:53:21,7*		11.5 Km/h
DNS	151	Fernández Canossa	Gustavo	OURENSE TERMAL, C.C.	5:53:21,7*		11.5 Km/h

## MASTER 50+

1.	132	Álvarez Reguilon	José Carlos	MTB CEADEA	3:47:04,3	--	18 Km/h
2.	122	Rudeiros Quintana	Jose Manuel	MONTE XALO, P.C.	3:49:07,3	+02:03,0	17.8 Km/h
3.	150	Fernández Pampín	Yago	BICI VERDE, C.C.	3:51:34,7	+04:30,3	17.6 Km/h
4.	177	Abal	Tono	CLUB DE MONTAÑA XESTEIRAS	3:58:05,7	+11:01,3	17.1 Km/h
5.	171	Román Refojos	Sergio	VK BIKES, C.	4:00:26,9	+13:22,6	17 Km/h
6.	145	Seara Quintas	Rubén	OURENSE TERMAL, C.C.	4:04:53,9	+17:49,6	16.7 Km/h
7.	95	Castro López	Rafael	MONTE XALO, P.C.	4:10:29,7	+23:25,4	16.3 Km/h
8.	73	Pedreira Alvarez	Martín	TOXO, P.C.	4:17:37,8	+30:33,5	15.8 Km/h
9.	4	Carrera Arias	Laureano	LIMITE BIERZO	4:19:23,9	+32:19,5	15.7 Km/h
10.	91	Pazos Gonzalez	José Antonio	CHANTADINO, C.C.	4:19:27,4	+32:23,1	15.7 Km/h
11.	147	Rodríguez Cortiñas	Daniel	OURENSE TERMAL, C.C.	4:20:12,4	+33:08,0	15.7 Km/h





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Clit	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
12.	111	Allo Barona	Vicente Jesus	CHANTADINO, C.C.	4:22:11,6	+35:07,2	15.6 Km/h
13.	139	Lorenzo Vila	Esteban	BICI VERDE, C.C.	4:22:16,5	+35:12,2	15.6 Km/h
14.	159	Cruz Pazo	Oscar	2 RUEDAS, C.C.	4:22:18,8	+35:14,4	15.6 Km/h
15.	160	Blanco Blanco	José Manuel	2 RUEDAS, C.C.	4:22:19,4	+35:15,1	15.6 Km/h
16.	154	Lorenzo Vila	Miguel	BICI VERDE, C.C.	4:27:17,5	+40:13,1	15.3 Km/h
17.	126	Santos Fabeiro	José María	MOTO BIKE, P.C.	4:30:50,7	+43:46,3	15.1 Km/h
18.	81	Sanz Suárez	Alejandro	ASTURCON BTT	4:34:54,0	+47:49,6	14.8 Km/h
19.	152	Martínez Teixeira	Francisco		4:38:40,8	+51:36,5	14.6 Km/h
20.	82	Salgado Antelo	Luis	BAIKERS DO VILAN, P.C.	5:00:27,6	+73:23,3	13.6 Km/h
21.	83	Damil Villamor	Alberto	BAIKERS DO VILAN, P.C.	5:00:27,6	+73:23,3	13.6 Km/h
22.	97	Belmonte Ferreiro	Jose Antonio	ERASTAQUI, C.C.	5:01:38,4	+74:34,1	13.5 Km/h
23.	39	Salgado Fernandez	José Manuel		5:01:39,9	+74:35,6	13.5 Km/h
24.	98	Buelta González	Fco Roberto	LIMITE BIERZO	5:03:13,2	+76:08,8	13.5 Km/h
25.	66	Dasilva Hermelo	Salvador	BUEU, C.C.	5:11:30,4	+84:26,1	13.1 Km/h
26.	41	Rodríguez Armada	Eduardo		5:11:33,2	+84:28,9	13.1 Km/h
27.	107	Santos Suarez	Victor Manuel		5:12:01,8	+84:57,5	13.1 Km/h
28.	174	Pérez Pazo	Beni	X BIKES, C.C.	5:22:48,3	+95:43,9	12.6 Km/h
29.	141	Curra Vidal	Ramiro	BIKE O FACHO, C.	5:31:02,5	+103:58,1	12.3 Km/h
30.	175	Fernández Trelles	Roberto	CYCLING TEAM CABAÑAS, C.	5:31:02,6	+103:58,3	12.3 Km/h
31.	178	García Pazo	Pablo		5:31:05,0	+104:00,7	12.3 Km/h
32.	176	Rodríguez Carracelas	Diego	XSM, C.C.	5:31:06,0	+104:01,6	12.3 Km/h
33.	113	Fernández Vilas	Luis Alberto	XSM, C.C.	5:31:39,0	+104:34,7	12.3 Km/h
34.	93	Rodríguez Bello	Jose	COYOTE PEDAL TERRA CHA, C.	5:32:46,5	+105:42,2	12.3 Km/h
35.	128	Rodríguez Fontenla	Jorge		5:53:21,6	+126:17,3	11.5 Km/h
DNF	53	Otero Fernández	Ramón	OROSO, C.C.	5:53:21,7*		11.5 Km/h
DNF	136	Baulde Gonzalez	Javier	ARMENTEIRA E PUNTO, C.	5:53:21,7*		11.5 Km/h
DNS	47	Castro Lago	Manuel	BARBANZA, C.C.	5:53:21,7*		11.5 Km/h
DNS	75	López Valencia	Camilo	ANTELANO, C.C.	5:53:21,7*		11.5 Km/h
DNS	99	Ferreiro Moledo	Francisco	AVELAIÑAS, C.C.	5:53:21,7*		11.5 Km/h
DNS	155	López Arias	Jose Ramón	CAMBRE, C.C.	5:53:21,7*		11.5 Km/h

## MASTER FEM

1.	29	Da Silva Sousa	Sofía De Jesús	EXTOL MTB TEAM, C.D.	4:53:21,0	--	13.9 Km/h
2.	18	Rodríguez Rodríguez	Sheila	LIMITE BIERZO	5:03:14,3	+09:53,3	13.5 Km/h
DNF	12	Blanco Dosil	Silvia	AVELAIÑAS, C.C.	5:15:01,2*		13 Km/h



Consortio de Turismo



Concello de PARADA DE SIL



Concello de Pereiro



Concello de Nogueira de Ramuín



CONCELLO DE ESGOS



XUNQUEIRA DE ESPADANEDO