



Etapa 3 Categorías

Cl	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
* (Último tiempo)							
CICLO. MASCULINO							
1.	89	Sánchez Pérez	Armando	MONTE XALO, P.C.	2:29:49,8	--	16.8 Km/h
2.	90	Castro Calvo	David	MONTE XALO, P.C.	2:41:28,3	+11:38,4	15.6 Km/h
3.	202	López Míguez	Carlos	OS DO MONTE BRAVO, C.C.	2:54:07,8	--	14.5 Km/h
4.	210	Rodríguez Gómez	Alberto	VAGALUME, C.	2:57:04,9	+02:57,0	14.2 Km/h
5.	219	Gomez Iglesias	Antonio	CODIGO BIKE TEAM, C.	3:08:52,1	+14:44,2	13.3 Km/h
6.	209	Simón Pereira	Roi	BICIOSOS-RIAS BAIXAS, P.C.	3:17:22,5	+23:14,6	12.8 Km/h
7.	137	Lavandeira Varela	David	OROSO, C.C.	3:18:25,7	+48:35,8	12.7 Km/h
8.	205	Kasbo Haffar	Bassem	QUERCUS-APER, C.C.	3:29:14,6	+35:06,7	12 Km/h
9.	70	Rodríguez Alonso	Sedu	REVOLTAS, C.C.	3:38:59,0	+69:09,1	11.5 Km/h
DNS	88	Ramos Fernández	Guillermo	MONTE XALO, P.C.	3:48:24,9*	+78:35,0	11 Km/h
ELITE/SUB23							
1.	11	Alvarez Alonso	Diego	PODIUM TEAM, A.D.	1:59:03,6	--	21.2 Km/h
2.	6	Márquez Fernandez	Brandán	V BIKES TEAM, C.	2:01:29,0	+02:25,3	20.7 Km/h
3.	1	Rodríguez Guede	Pablo	MACEDA, C.C.	2:02:27,3	+03:23,6	20.6 Km/h
4.	149	Buceta Armada	Darío	SUPERMERCADOS FROIZ, G.D.	2:05:02,4	+05:58,8	20.2 Km/h
5.	35	Punzón Herrero	Jorge	COSMOS	2:06:10,4	+07:06,8	20 Km/h
6.	156	Quintans Castiñeiras	Rubén	CLUB DE MONTAÑA XESTEIRAS	2:07:00,0	+07:56,3	19.8 Km/h
7.	169	Cardero Lopez	Álvaro	OS ABESOUROS, C.C.	2:07:32,0	+08:28,3	19.8 Km/h
8.	30	Sanchez Gonzalez	Esteban	RG BIKES SCOTT TEAM, C	2:10:26,8	+11:23,2	19.3 Km/h
9.	157	Carregal Carro	Carlos	CLUB DE MONTAÑA XESTEIRAS	2:14:11,2	+15:07,6	18.8 Km/h
10.	40	Fernández Obenza	Yago	CLUB DE MONTAÑA XESTEIRAS	2:14:13,0	+15:09,3	18.8 Km/h
11.	167	Méndez Lopez	Bruno		2:19:06,0	+20:02,3	18.1 Km/h
12.	3	García Bua	Iago	CODIGO BIKE TEAM, C.	2:23:52,9	+24:49,2	17.5 Km/h
13.	42	Veloso Blanco	Diego	TELMO PELUQUEROS, F.C.	2:26:13,5	+27:09,8	17.2 Km/h
14.	161	Marchena Escudero	Tomás	CODIGO BIKE TEAM, C.	2:39:12,8	+40:09,2	15.8 Km/h
15.	127	Pena	Adrián	RIBADOULLA, A.S.D.	2:39:25,2	+40:21,6	15.8 Km/h
16.	102	Pedro	João		2:42:06,9	+43:03,3	15.5 Km/h
17.	72	Álvarez López	Félix	BTT TROTACUMES, C.	2:54:26,0	+55:22,4	14.4 Km/h
18.	67	Casanova Gonzalez	Diego	CAIMANES BETANZOS, C. BTT	3:06:22,7	+67:19,1	13.5 Km/h
19.	211	Gómez Gómez	Jorge		3:10:02,7	--	13.3 Km/h
20.	223	Iglesias Rodicio	Borja		3:11:56,0	+01:53,2	13.1 Km/h
DNF	112	Allo Núñez	Vicente	CHANTADINO, C.C.	3:48:24,9*	+109:21,2	11 Km/h
DNF	133	Fernández Schedler	Dominik		3:48:24,9*	+109:21,2	11 Km/h
DNF	204	López Pérez	Andrés		3:48:24,9*	+38:22,1	11 Km/h
DNS	10	Seijo Castro	Diego	MASTER DA LOURIÑA, C.	3:48:24,9*	+109:21,2	11 Km/h



Etapa 3 Categorías

Cl	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
DNS	17	Graca	Diogo		3:48:24,9*	+109:21,2	11 Km/h
DNS	24	González Exposito	Estefan	MACEDA, C.C.	3:48:24,9*	+109:21,2	11 Km/h
DNS	206	Domínguez Fernandes	David		3:48:24,9*	+38:22,1	11 Km/h

ELITE/SUB23 FEM

1.	26	Lois García	Lara	CLUB DE MONTAÑA XESTEIRAS	2:24:15,0	--	17.5 Km/h
2.	23	Delgado Gonzalez	Mar	CLUB DE MONTAÑA XESTEIRAS	2:38:58,9	+14:43,8	15.9 Km/h
3.	2	Ortega Aguilar	Eva	V BIKES TEAM, C.	2:46:57,1	+22:42,0	15.1 Km/h
4.	7	Abal Mosteiro	Cecilia	CLUB DE MONTAÑA XESTEIRAS	3:00:26,1	+36:11,0	14 Km/h

MASTER 30

1.	22	Parada Folgar	Manuel	CLUB DE MONTAÑA XESTEIRAS	1:59:03,4	--	21.2 Km/h
2.	123	Puente Del Corral	Félix	VALDOLEA	2:07:58,1	+08:54,7	19.7 Km/h
3.	135	Suárez Cousillas	Darío	3AG, C.D.	2:08:55,4	+09:52,0	19.5 Km/h
4.	15	Núñez Fernandez	David	AURIENSE, C.C.	2:14:29,4	+15:25,9	18.7 Km/h
5.	84	García Varela	Santiago	ARMENTEIRA E PUNTO, C.	2:17:28,7	+18:25,3	18.3 Km/h
6.	140	Canto Baña	Borja	3AG, C.D.	2:21:22,6	+22:19,2	17.8 Km/h
7.	19	Otero Pousa	David	BUEU, C.C.	2:22:05,4	+23:02,0	17.7 Km/h
8.	46	Del Río Estevez	Fran	BUEU, C.C.	2:23:12,1	+24:08,6	17.6 Km/h
9.	124	Jorin Mate	Iván	VALDOLEA	2:25:34,4	+26:31,0	17.3 Km/h
10.	38	Goberna Alvarez	Arturo	BUEU, C.C.	2:28:20,5	+29:17,0	17 Km/h
11.	170	Fernández Obenza	Alexis	CLUB DE MONTAÑA XESTEIRAS	2:28:24,3	+29:20,9	17 Km/h
12.	59	López López	Javier	CAIMANES BETANZOS, C. BTT	2:30:15,5	+31:12,0	16.8 Km/h
13.	172	Gonzalez Castro	Ismael	MASTER DA LOURIÑA, C.	2:32:27,8	+33:24,4	16.5 Km/h
14.	65	Otero Dacosta	Pablo	BUEU, C.C.	2:33:54,0	+34:50,5	16.4 Km/h
15.	25	Perez Franco	Santiago	BICI VERDE, C.C.	2:33:55,7	+34:52,2	16.4 Km/h
16.	125	Ventosa Cela	Rubén	RIBADOULLA, A.S.D.	2:35:35,7	+36:32,3	16.2 Km/h
17.	80	Lamas Diz	Emmanuel	BUEU, C.C.	2:36:00,6	+36:57,2	16.2 Km/h
18.	9	Bruzón Amado	Carlos	TELMO PELUQUEROS, F.C.	2:37:14,8	+38:11,4	16 Km/h
19.	78	Rodríguez Freitas	Antonio	TELMO PELUQUEROS, F.C.	2:37:15,3	+38:11,9	16 Km/h
20.	68	Castro Estevez	Jose	REVOLTAS, C.C.	2:37:59,2	+38:55,7	16 Km/h
21.	110	Fernández Gonzalez	David	TOXO, P.C.	2:39:03,4	+39:59,9	15.8 Km/h
22.	231	López Pinto	Alejandro		2:40:29,7	--	15.7 Km/h
23.	162	Muñiz Gonzalez	Jorge	CLUB DE MONTAÑA XESTEIRAS	2:42:31,1	+43:27,7	15.5 Km/h
24.	146	Sabarís Silva	Diego	CLUB DE MONTAÑA XESTEIRAS	2:44:16,7	+45:13,2	15.3 Km/h
25.	142	Casal Rey	Antonio	CAMBADOS, C.C.C.	2:48:18,9	+49:15,4	15 Km/h
26.	8	Prada Sousa	Joel		2:51:48,8	+52:45,4	14.7 Km/h
27.	56	González	Pablo	BUEU, C.C.	3:02:30,9	+63:27,5	13.8 Km/h
28.	109	Alfaya Reboiras	David	X BIKES, C.C.	3:04:07,9	+65:04,5	13.7 Km/h





Etapa 3 Categorías

Clit	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
29.	138	Piñero	Ángel	TOXO, P.C.	3:07:53,4	+68:50,0	13.4 Km/h
30.	100	Fraga Martínez	Alejandro	AVELAIÑAS, C.C.	3:08:01,6	+68:58,2	13.4 Km/h
31.	79	Lago Barciela	Miguel	BICI VERDE, C.C.	3:08:18,4	+69:14,9	13.4 Km/h
32.	221	Gómez Del Rosario	Javier		3:10:57,0	+30:27,2	13.2 Km/h
33.	76	Otero	Diego	OROSO, C.C.	3:11:58,6	+72:55,2	13.1 Km/h
34.	212	Crespo Garcia	Daniel		3:24:03,9	+43:34,1	12.3 Km/h
35.	232	Jimenez Rodríguez	Cristóbal		3:24:04,2	+43:34,5	12.3 Km/h
36.	201	Trillo Vázquez	Esteban		3:24:07,4	+43:37,7	12.3 Km/h
37.	54	Penedo Gaspar	Diego	TOXO, P.C.	3:32:39,7	+93:36,2	11.8 Km/h
38.	143	Piñeiro Souto	Daniel		3:32:39,9	+93:36,5	11.8 Km/h
DNF	134	Fernández Schedler	Samuel	MACEDA, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	60	Núñez Gomez	Manuel		3:48:24,9*	+109:21,4	11 Km/h
DNS	153	Didych Didych	Eduard	GRAFICAS LAR, P.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	227	Castro	Rubén		3:48:24,9*	+67:55,1	11 Km/h

MASTER 40

1.	57	Graña	Toni	TROUPE, C.	2:08:33,5	--	19.6 Km/h
2.	20	Abeal Orgeira	Jorge	3AG, C.D.	2:13:40,7	+05:07,1	18.9 Km/h
3.	166	Valiño Ribvas	Xan Lois	CLUB DE MONTAÑA XESTEIRAS	2:17:33,4	+08:59,9	18.3 Km/h
4.	96	Valle Macias	Luis	LIMITE BIERZO	2:19:06,1	+10:32,5	18.1 Km/h
5.	163	Pena Otero	Roberto	AS PONTES, C.C.	2:20:36,3	+12:02,7	17.9 Km/h
6.	233	Graña	Marcos	TROUPE, C.	2:20:38,4	--	17.9 Km/h
7.	104	Silvestre Llinares	Jaume	MOTO BIKE, P.C.	2:21:08,9	+12:35,3	17.9 Km/h
8.	63	Liñares Cuence	Pablo	CLUB DE MONTAÑA XESTEIRAS	2:21:43,9	+13:10,4	17.8 Km/h
9.	13	Rodríguez Collazo	Javier	BTT O TREITO, C.	2:21:48,1	+13:14,6	17.8 Km/h
10.	32	Rodríguez Gonzalez	Óscar	BICI VERDE, C.C.	2:22:21,1	+13:47,6	17.7 Km/h
11.	36	Herraez	Daniel	CLUB DE MONTAÑA XESTEIRAS	2:24:21,3	+15:47,8	17.5 Km/h
12.	37	Herraez	Alberto	1 DIA	2:24:21,3	+15:47,8	17.5 Km/h
13.	62	Vidal Rodríguez	Oliver	MIÑOR BIKE, C.C.	2:24:22,1	+15:48,6	17.5 Km/h
14.	131	Alonso Prieto	Roberto	MTB CEADEA	2:24:23,3	+15:49,7	17.5 Km/h
15.	130	García Matilla	Rubén	MTB CEADEA	2:24:23,7	+15:50,1	17.5 Km/h
16.	120	Ortega Loureiro	Iván	CLUB DE MONTAÑA XESTEIRAS	2:25:35,9	+17:02,4	17.3 Km/h
17.	121	Albitre De Sousa	Neftalí	LA20VEINTE	2:28:16,7	+19:43,1	17 Km/h
18.	31	Barba Vega	Rubén	LA20VEINTE	2:28:16,8	+19:43,2	17 Km/h
19.	144	Gavilanes Limia	Antonio	OURENSE TERMAL, C.C.	2:28:26,6	+19:53,0	17 Km/h
20.	74	Costas Gonzalez	David	VAGALUME, C.	2:37:02,3	+28:28,7	16 Km/h
21.	103	López Álvarez	Iván	LIMITE BIERZO	2:40:26,2	+31:52,6	15.7 Km/h
22.	55	Carrera Comesaña	Juan Jose	BICI VERDE, C.C.	2:42:06,6	+33:33,0	15.5 Km/h



Etapa 3 Categorías

Clc	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
23.	148	Rodríguez Simal	Cesar	MOTO BIKE, P.C.	2:45:04,9	+36:31,3	15.3 Km/h
24.	34	Piñeiro Fernandez	Alberto	COSMOS	2:48:15,9	+39:42,3	15 Km/h
25.	168	Muñiz Alvarez	Juan José	O GROVE, C.C.	2:48:18,4	+39:44,8	15 Km/h
26.	234	Miranda Almon	Carlos	OS MOSQUETEIROS, C.C	2:51:50,6	+31:12,2	14.7 Km/h
27.	48	Parada Gonzalez	Luis	AURIENSE, C.C.	2:53:43,6	+45:10,0	14.5 Km/h
28.	44	Álvarez Álvarez	Adrián	AURIENSE, C.C.	2:53:43,7	+45:10,2	14.5 Km/h
29.	69	Ortiz Arias	Adrián	SEIXO BLANCO	2:53:47,1	+45:13,5	14.5 Km/h
30.	108	Romero Vazquez	Julio		2:55:13,8	+46:40,2	14.4 Km/h
31.	118	Rea Otero	Manuel	FARTO, C.C.	2:58:54,0	+50:20,4	14.1 Km/h
32.	5	Merayo Alvarez	Alejandro	LIMITE BIERZO	2:59:01,2	+50:27,6	14.1 Km/h
33.	28	Bello Pajaro	David	OROSO, C.C.	2:59:58,4	+51:24,8	14 Km/h
34.	45	Carrillo Laredo	Santiago	OROSO, C.C.	2:59:58,6	+51:25,0	14 Km/h
35.	58	Taibo Alonso	Jonathan	V BIKES TEAM, C.	3:00:26,7	+51:53,1	14 Km/h
36.	51	Fernández Lorenzo	David	AS PONTES, P.C.	3:00:29,2	+51:55,7	14 Km/h
37.	86	Fragio Souto	Pablo	V BIKES TEAM, C.	3:03:46,1	+55:12,6	13.7 Km/h
38.	115	Cavada Gutierrez	Antonio	MOTO BIKE, P.C.	3:03:50,2	+55:16,6	13.7 Km/h
39.	117	Fernández González	Eduardo	XSM, C.C.	3:04:12,9	+55:39,3	13.7 Km/h
40.	119	Cordeiro Portela	Manuel	X BIKES, C.C.	3:04:17,1	+55:43,6	13.7 Km/h
41.	165	Del Valle Vazquez	Guillermo	CAIMANES BETANZOS, C. BTT	3:05:07,0	+56:33,4	13.6 Km/h
42.	164	Docio Molanes	Nelson		3:05:07,6	+56:34,0	13.6 Km/h
43.	158	Paredes Gonzalez	Carlos		3:05:45,2	+57:11,7	13.6 Km/h
44.	27	Araujo Lago	Óscar	BICI VERDE, C.C.	3:06:07,7	+57:34,1	13.5 Km/h
45.	222	Conde Fernández	Alfredo	CODIGO BIKE TEAM, C.	3:06:41,5	+46:03,1	13.5 Km/h
46.	33	Álvarez Valado	Víctor		3:07:43,4	+59:09,8	13.4 Km/h
47.	77	Cabaleiro Ibáñez	Borja	BICI VERDE, C.C.	3:08:20,7	+59:47,1	13.4 Km/h
48.	16	Novo Fernandez	Miguel		3:09:20,5	+60:47,0	13.3 Km/h
49.	71	Suárez Rodríguez	Jose	BICI O CON, C.	3:09:20,6	+60:47,1	13.3 Km/h
50.	50	Marcos Escudero	Jorge		3:16:15,1	+67:41,5	12.8 Km/h
51.	224	Vázquez Valeiras	José Miguel		3:16:26,8	+55:48,4	12.8 Km/h
52.	21	Casalderrey Louzao	David	MOTO BIKE, P.C.	3:17:34,4	+69:00,8	12.8 Km/h
53.	129	Corbacho Sobral	David		3:17:34,6	+69:01,0	12.8 Km/h
54.	43	Casal Abilleira	Sergio	POIO BIKE CLUB	3:17:35,3	+69:01,8	12.8 Km/h
55.	49	Failde Gonzalez	Diego		3:19:47,3	+71:13,7	12.6 Km/h
56.	94	Fernández Fernández	Juan Miguel	COYOTE PEDAL TERRA CHA, C.	3:21:33,7	+73:00,1	12.5 Km/h
57.	229	Fernández Novoa	Iván		3:24:03,5	+63:25,1	12.3 Km/h
58.	92	Alfonso Meis	Ramón	ARMENTEIRA E PUNTO, C.	3:24:53,2	+76:19,6	12.3 Km/h
59.	217	Gómez Carballo	Marcos		3:43:00,8	+82:22,4	11.3 Km/h
60.	203	Álvarez Rodríguez	Fernando		3:48:24,9	+87:46,5	11 Km/h



Consorcio de Turismo



Concello de PARADA DE SIL



Concello de Pereiro



Concello de Nogueira de Ramuín



CONCELLO DE ESGOS



XUNQUEIRA DE ESPANEDO



Etapa 3 Categorías

Clc	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
DNF	52	Pérez Alvarez	Santiago	SPORT BIKE VERIN, C.	3:48:24,9*	+99:51,3	11 Km/h
DNF	230	Mariño Diéguez	David	CHANTADINO, C.C.	3:48:24,9*	+87:46,4	11 Km/h
DNS	61	Díaz Puente	Juan Jose		3:48:24,9*	+99:51,3	11 Km/h
DNS	64	Lafuente Franco	Jose Antonio	MOTO BIKE, P.C.	3:48:24,9*	+99:51,3	11 Km/h
DNS	87	Cajaraville Francisco	Santi	CLUB DE MONTAÑA XESTEIRAS	3:48:24,9*	+99:51,3	11 Km/h
DNS	101	Alvarez Álvarez	José Eulogio	CODIGO BIKE TEAM, C.	3:48:24,9*	+99:51,3	11 Km/h
DNS	114	Fernández Moldes	Juan Francisco	FARTO, C.C.	3:48:24,9*	+99:51,3	11 Km/h
DNS	116	Piñón Rey	José	BICI VERDE, C.C.	3:48:24,9*	+99:51,3	11 Km/h
DNS	151	Fernández Canossa	Gustavo	OURENSE TERMAL, C.C.	3:48:24,9*	+99:51,3	11 Km/h
DNS	215	Rodríguez Vazquez	Felix	OS MOSQUETEIROS, C.C.	3:48:24,9*	+87:46,4	11 Km/h

MASTER 50+

1.	132	Álvarez Reguilón	José Carlos	MTB CEADEA	2:17:32,5	--	18.3 Km/h
2.	150	Fernández Pampín	Yago	BICI VERDE, C.C.	2:18:56,4	+01:23,8	18.1 Km/h
3.	122	Rudeiros Quintana	Jose Manuel	MONTE XALO, P.C.	2:18:56,8	+01:24,2	18.1 Km/h
4.	177	Abal	Tono	CLUB DE MONTAÑA XESTEIRAS	2:25:37,3	+08:04,7	17.3 Km/h
5.	159	Cruz Pazo	Oscar	2 RUEDAS, C.C.	2:26:35,4	+09:02,8	17.2 Km/h
6.	139	Lorenzo Vila	Esteban	BICI VERDE, C.C.	2:27:27,6	+09:55,0	17.1 Km/h
7.	95	Castro López	Rafael	MONTE XALO, P.C.	2:28:21,0	+10:48,4	17 Km/h
8.	145	Seara Quintas	Rubén	OURENSE TERMAL, C.C.	2:28:26,6	+10:54,0	17 Km/h
9.	154	Lorenzo Vila	Miguel	BICI VERDE, C.C.	2:34:11,8	+16:39,2	16.3 Km/h
10.	147	Rodríguez Cortiñas	Daniel	OURENSE TERMAL, C.C.	2:34:28,8	+16:56,2	16.3 Km/h
11.	171	Román Refojos	Sergio	VK BIKES, C.	2:34:29,0	+16:56,4	16.3 Km/h
12.	160	Blanco Blanco	José Manuel	2 RUEDAS, C.C.	2:37:04,9	+19:32,4	16 Km/h
13.	73	Pedreira Alvarez	Martín	TOXO, P.C.	2:38:44,2	+21:11,6	15.9 Km/h
14.	4	Carrera Arias	Laureano	LIMITE BIERZO	2:40:24,7	+22:52,1	15.7 Km/h
15.	81	Sanz Suárez	Alejandro	ASTURCON BTT	2:42:13,5	+24:40,9	15.5 Km/h
16.	136	Baulde Gonzalez	Javier	ARMENTEIRA E PUNTO, C.	2:48:18,4	+30:45,8	15 Km/h
17.	126	Santos Fabeiro	José María	MOTO BIKE, P.C.	2:50:21,4	+32:48,8	14.8 Km/h
18.	113	Fernández Vilas	Luis Alberto	XSM, C.C.	2:50:30,3	+32:57,7	14.8 Km/h
19.	228	Vázquez Cierna	Juan Carlos	TUZAROS, C.C.	2:51:55,2	--	14.7 Km/h
20.	107	Santos Suarez	Victor Manuel		2:55:13,7	+37:41,1	14.4 Km/h
21.	208	Míguez Otero	Miguel		2:57:04,9	+05:09,6	14.2 Km/h
22.	39	Salgado Fernandez	José Manuel		3:00:54,5	+43:21,9	13.9 Km/h
23.	97	Belmonte Ferreiro	Jose Antonio	ERASTAQUI, C.C.	3:00:54,6	+43:22,0	13.9 Km/h
24.	141	Curra Vidal	Ramiro	BIKE O FACHO, C.	3:04:07,5	+46:34,9	13.7 Km/h
25.	91	Pazos Gonzalez	José Antonio	CHANTADINO, C.C.	3:04:08,1	+46:35,5	13.7 Km/h
26.	174	Pérez Pazo	Beni	X BIKES, C.C.	3:04:09,3	+46:36,7	13.7 Km/h



Etapa 3 Categorías

Clc	Dorsal	Apellidos	Nombre	Club	Tiempo	Gap	Ritmo
27.	175	Fernández Trelles	Roberto	CYCLING TEAM CABAÑAS, C.	3:04:15,2	+46:42,6	13.7 Km/h
28.	176	Rodríguez Carracelas	Diego	XSM, C.C.	3:04:17,0	+46:44,4	13.7 Km/h
29.	152	Martínez Teixeira	Francisco		3:05:43,2	+48:10,6	13.6 Km/h
30.	178	García Pazo	Pablo		3:05:51,2	+48:18,6	13.6 Km/h
31.	216	Gómez Iglesias	Juan	CODIGO BIKE TEAM, C.	3:06:41,7	+14:46,5	13.5 Km/h
32.	98	Buelta González	Fco Roberto	LIMITE BIERZO	3:09:43,8	+52:11,2	13.3 Km/h
33.	82	Salgado Antelo	Luis	BAIKERS DO VILAN, P.C.	3:11:10,6	+53:38,0	13.2 Km/h
34.	83	Damil Villamor	Alberto	BAIKERS DO VILAN, P.C.	3:11:10,6	+53:38,0	13.2 Km/h
35.	207	Vilan Martínez	Xoán Carlos	BICIOSOS-RIAS BAIXAS, P.C.	3:17:22,4	+25:27,2	12.8 Km/h
36.	128	Rodríguez Fontenla	Jorge		3:17:35,8	+60:03,2	12.8 Km/h
37.	93	Rodríguez Bello	Jose	COYOTE PEDAL TERRA CHA, C.	3:21:33,7	+64:01,1	12.5 Km/h
38.	53	Otero Fernández	Ramón	OROSO, C.C.	3:41:31,0	+83:58,4	11.4 Km/h
DNF	111	Allo Barona	Vicente Jesus	CHANTADINO, C.C.	3:48:24,9*	+90:52,3	11 Km/h
DNS	41	Rodríguez Armada	Eduardo		3:48:24,9*	+90:52,3	11 Km/h
DNS	47	Castro Lago	Manuel	BARBANZA, C.C.	3:48:24,9*	+90:52,3	11 Km/h
DNS	66	Dasilva Hermelo	Salvador	BUEU, C.C.	3:48:24,9*	+90:52,3	11 Km/h
DNS	75	López Valencia	Camilo	ANTELANO, C.C.	3:48:24,9*	+90:52,3	11 Km/h
DNS	99	Ferreiro Moledo	Francisco	AVELAIÑAS, C.C.	3:48:24,9*	+90:52,3	11 Km/h
DNS	155	López Arias	Jose Ramón	CAMBRE, C.C.	3:48:24,9*	+90:52,3	11 Km/h
DNS	213	Ramos Vázquez	Jose Manuel	CODIGO BIKE TEAM, C.	3:48:24,9*	+56:29,6	11 Km/h

MASTER FEM

1.	29	Da Silva Sousa	Sofía De Jesús	EXTOL MTB TEAM, C.D.	3:01:53,5	--	13.9 Km/h
2.	18	Rodríguez Rodríguez	Sheila	LIMITE BIERZO	3:09:44,0	+07:50,5	13.3 Km/h
DNS	12	Blanco Dosil	Silvia	AVELAIÑAS, C.C.	3:09:44,0*	+07:50,4	13.3 Km/h